

KESHER

Our Seventy-Sixth
Year!

FROM RABBI SAM

Boundaries

Recently, it seems, we have read more than our fill of abuses of boundaries and power inequity transgressions among the more famous and previously popular in our world. There have been those who seem to feel that they have a right to take from others by coercion, intimidation, and force of their character or standing. Often we look upon them as flawed and may even thank God that we are not like they are.

With the entrance of the month of Elul August 16, however, we begin to reassess our own relationships to God, the world, and others. As we prepare for the High Holy Days, we are challenged to say *Al Cheit* - for the sin [we have sinned]. We are responsible for one another and have within us the very tendencies we despise in those in the news.

Elul provides a month to reflect and to introspect in order that we may come to Yom Kippur ready to let go of our mistakes and weaknesses, seek forgiveness from God and ourselves (having already done that with those who we have hurt), and resolve to do better in the year to come.

The realms of transgressions are too broad and manifold to list them all. A partial list would include all forms of labeling that helps us feel better about ourselves through the denigration of another (racism, sexism, homophobia, xenophobia, etc.).

Another area we should be concerned about is the mis-evaluation of our own self

worth outside appropriate levels. These might include lowered self-esteem that causes us to give over to others the power to control our thoughts, feelings, self-image, or actions. We may also elevate our personal view of self that would cause us to view others as inferior or possibly subservient to our will and desires.

The latter group may be what the Rabbis had in mind in a Talmudic passage I have, in the past found troubling. While Judaism historically has held healing and healers in high regard, there is a Talmudic (Kiddushin 82A) statement that the "Best of healers is slated for Gehenna" (Hell or the underworld).

The reference there may not be to the Doctor who is among the best in his/her field but, rather, to the one who seeks to be known as the best in the field. A healer in Judaism - whether working to heal the body, the spirit, or one small part of the world (ultimately the task of each of us in life) - should be more concerned with how they do their job than with how they are perceived or acknowledged for it.

We are given free will so that we may choose to make this world a better place for our having been here. But that free will is limited by our responsibility to live within the boundaries set by God, the Torah, and society. Our right to rule ends with our own bodies. Beyond that we have an obligation to treat all others with full dignity, respect, and the recognition of God's presence within them.

Temple Israel Board of Trustees—2012-2013

Steve Brody, President
 Marc Weinstein, Treasurer
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 Andy Diengott, Carole Krassner , Paul Pasternak, Peter Pastor, Stan Robbins,
 Julie Serrano, Marc Sklar
 Stacey Segil & Karen Mott, Sisterhood Representatives

TEMPLE OFFICE HOURS:

Monday through Friday 9:00 am – 1:30 pm

KESHER

Kesher, Connection,
 is the newsletter
 of Temple Israel
 Dover, NH.

Ideas for submissions and/or letters to the editor may be submitted by members of the Temple Israel family and all others who would like to share news or information with the Temple community.

All communication with the Editor should be by e-mail. Publication of any flyer or any other article or submission is limited by editorial and space considerations.

The deadline for submission is the twentieth (20th) of the month for the following month's issue of *Kesher*.

mail to:

Tammy Fascetta
 TempleOffice
 @dovertemple.org

or

Rabbi Sam Seicol
 rabbisam@dovertemple.org

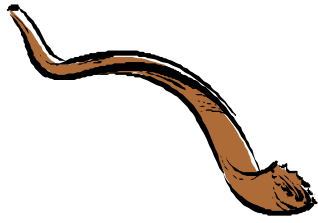
Shabbat

@ Temple Israel

Friday nights 7:00

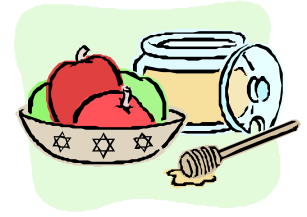
Saturday mornings 10:30

- **Saturday August 1** 10:30 Shabbat Torah Study
- **Friday August 7** 7:00 First Friday Shabbat Service
- **Saturday August 8** 10:30 Shabbat Torah Study
- **Rosh Chodesh 1st Day - Elul**
- **Friday August 14** 7:00 Shabbat Service
- **Saturday August 15** 10:30 Shabbat full morning service
11:15 Tots and Torah Time
- **Friday August 21** 7:00 Music and Meditation - Pond
- **Saturday August 22** 10:30 Shabbat Torah Study
- **Friday August 28** 7:00 Shabbat Service
- **Saturday August 29** 10:30 Shabbat Torah Study



Rosh Hashanna is coming

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Members in good standing at Temple Israel of Dover receive complimentary attendance tickets for all household members at all High Holy Day services.

Members of other URJ Synagogues visiting in Dover may request a reciprocity admission letter, from the home congregation, for complimentary attendance tickets.

Non-members are welcome to attend for a minimum donation of \$180 per adult or \$320 per couple. College students are welcome to attend at no charge but a suggested donation of at least \$18 is appreciated.

No one is turned away for financial reasons. If there are financial concerns, please contact the Finance Committee Chair for a confidential arrangement. Tammy Fascetta in the Temple office at (603) 742-3976 or templeoffice@dovertemple.org can facilitate this conversation.

For more information please call (603) 742-3976, email templeoffice@dovertemple.org, or write us at PO Box 254 Dover, NH 03820.

5776 High Holy Day Services September 2015

Rosh HaShannah

- 13** 11:00 - Somersworth 12:00 - Dover Pre-High Holy Day Cemetery Services
8:00 Rosh Hashanna Evening Service
Rosh Hashanna Oneg – sponsored by the Temple Board
- 14** 10:00 Rosh Hashanna Morning Service
12:00 Rosh Hashanna Tashlich and Family Service at the pond
5:00 Learner Program (NJOP supported) in Durham – NO CHARGE
Co-sponsored by Temple Israel, COASTY, and UNH Hillel
- 15** 11:00 2nd Day Rosh Hashanna: Meditation, Music, and Healing Service
11:45 Rosh Hashanna pot luck brunch

Shabbat Shuvah

- 18** 7:00 Third Friday Evening Service –High Holy Day music and meditation
- 19** 10:30 Saturday Morning Service
11:15 Tots on Torah Parade and Shabbat Shuvah Torah reading

Yom Kippur

- 22** 8:00 Yom Kippur Evening Service – Kol Nidre
- 23** 10:00 Yom Kippur Morning Service
1:30 Yom Kippur Family Service
2:30 Yom Kippur Study Program
3:30 Yom Kippur Afternoon / Yizkor / Concluding Services

*Pot-Luck Break the Fast following the Concluding Service – coordinated by the Sisterhood
Please volunteer to set up and/or clean up;*

Or bring a non-meat main dish, non-meat casserole, dessert, or drinks

THANK YOU TO OUR
ONEG HOSTS

June — August Pot-luck Onegs

ONEG SHABBAT HOSTS

If you are unable to host the Oneg Shabbat on the night assigned to you, please find a substitute by trading with another family from the membership directory. If you need to change your assigned date, please notify

Cathi Cherry-Liston

**603-312-0152, 603-269-4888,
ccherryliston@yahoo.com**



Please consider marking special occasions and milestones along the path of life for you or members of your family by purchasing a leaf, stone, or acorn on the Tree of Life.

Plaques in the Sanctuary honor the memory of a loved one.

For more information, contact: Tammy Fascetta in the Temple office.

**[templeoffice@
dovertemple.org](mailto:templeoffice@dovertemple.org)**



Mazal Tov

to our members who are celebrating special days in August.

Join us at Friday evening service on

August 7, 7:00 PM

as we offer our wishes for your special day.

Birthdays

Maddy Shuldman (4), Bill Schoonmaker (4),
Edith Newman (7), Karen Hiller (13),
Mary Kaye (17), Samantha Fisher (18),
David Kaplan (18), Rick Robbins (22),
Ethan Caracoglia (22), Dani Mia Fuchs (23),
Marjorie Raven (26), Erin Anderson (27),
Savanna Weinstein (28), Martin Jaffe (29),
Tess Kontarinis (30)

Anniversaries

Aaron & Gina Kahn (1),
Mitchell & Diane Shuldman (11),
Rob & Lois Costa (11),
David & Karen Mott (12),
Rabbi Sam & Jenni Seicol (18)

**Invite a friend
To join you for the
High Holy Days
(See Page 3)**

Two appeals from your Ritual Committee:

OUR HIGH HOLIDAY MUSIC 5775 FUNDRAISER HAS BEGUN!

TEMPLE ISRAEL RECENTLY RECEIVED A GENEROUS DONATION TOWARD THIS YEAR'S HIGH HOLY DAY MUSIC. IT IS NOW OUR TURN TO STEP UP AND ADD TO THIS GIFT IN ORDER TO HAVE PROFESSIONAL MUSIC AT OUR ROSH HASHANNAH AND YOM KIPPUR SERVICES. TOGETHER WE CAN DO THIS! THANK YOU!

PLEASE MAKE YOUR MUSIC FUND DONATION PAYABLE TO: *TEMPLE ISRAEL MUSIC FUND* AND MAIL TO: EMPL E ISRAEL, PO BOX 254 DOVER, NH 03821

PLEASE NOTE THAT OUR CONGREGATIONAL MUSICIANS AND SINGERS WILL ALSO PROVIDE SPECIAL MUSIC FOR THE HIGH HOLY DAY SERVICES. ALL ARE WELCOME TO JOIN IN.

PLEASE CONTACT RABBI SAM FOR MORE INFORMATION.

Dear Congregants,

It is time for me to draft the ONEG SCHEDULE for 2015-16. Please contact me if you have a specific date or family with whom you'd like to share this mitzvah. Also, let me know if there are dates or a time of year you'd prefer not co-hosting. Religious school students participate in a specific Shabbat service and their families share that oneg.

A reminder: This is a once-a-year commitment. Most Temple members are willing to do their part and some volunteer to fill in if needed. PLEASE DO YOUR PART as an oneg co-host: Arrive a little early to set up; stay for services; mingle; clean up. Usually you are not the last ones to leave because a few members converse into the wee hours of Shabbat.

I plan to have the first draft completed by mid-August. The sooner you let me know your preference, the better. Otherwise, I will schedule onegs similar to last year.

Cathi Cherry-Liston, Ritual/Oneg Chair (H)603-269-4888, (C) 603-312-8152

ccherryliston@yahoo.com

Temple Israel in the Community

The Dover Food Pantry

Items can be donated to the Food Pantry any time.

Drop off may done at the Temple.

The Food Pantry is open

Tuesdays 3-5PM and Thursdays 9-11AM

**In addition to donations of
food and/or personal items**

volunteers are always welcome

to help work at the Dover Food Pantry.

Please contact Karen Robichaud

at (603) 749-4235 or blrklr2@aol.com

The Dover SHARE Fund

directly assists local residents with needs that are not met through other

helping agencies,

providing them with shelter

and support for utilities and medical care.

Your support is appreciated!

www.dovershare.org

Dover Friendly Kitchen

MORE VOLUNTEERS NEEDED!!!

PLEASE JOIN THE COMMUNITY!!!

Temple Members help serve dinner at the Dover Friendly Kitchen on the first Tuesday of each month at St. Thomas Church Parish Hall on Locust Street. Temple Israel's time slot needs people to help cook, serve and clean.

We are there from 3:45 until around 6:15.

Volunteers do not need to come for the whole time.

For more information or to let me know if you plan to attend, please contact me.

We welcome everyone's help!

Thank you!

Andra Welch, Coordinator

abbwelch@yahoo.com or 534-4142

JULY DONATIONS

All are encouraged to honor the memory of loved ones and/or to offer tributes to friends, relatives and members of the community through a donation Temple funds.

We express appreciation to:

General Fund

Cathi Cherry Liston -

In honor of Ethlyne Golub's 90th

Ethlyne Golub

Alan Nasberg

The Nobel Family

Yahrzeit Donation

Matthew & Deborah Lee –

In memory of Anja Legerstee

Legerstee Family -

In memory of Anja Legerstee

Rita Novak -

In memory of Goldie Saunders

Muriel Slutzky -

In memory of Goldie Saunders

Cantorial Fund

Ethlyne Golub

AUGUST YAHRZEITS

NOTE: *Yahrzeits are recorded according to the Hebrew date, so the English date will vary from year to year. Kaddish in the Synagogue may be recited on the Shabbat following the date of remembrance.*

It is traditional to make a donation in memory of the Yahrzeit of a loved one. To make a donation, please contact the Temple Office.

Week of August 1: Sam Jacobs (26), Chester A. Kennon (26), Barnett Bordetsky (26), Ruth Seligson (27), Michael Goodstein (27), Benjamin Edelstein (27), Sadie Rockenmacher (28), Hilda Kleinhandl (29), Max Flescher (29), Sadie Medved (30), Berla Mae Grant (31), Rose Verner (1), Thomas Peters (1)

Week of August 8: Albert Issokson (2), Max Isacoff (2), Marlean Willensky (3), Curtis Most (4), Elsie Klein (4), Raymond Newton (5), Max Cohen (5), Jeannie Daniels (6), Bertha Wolfson Shapiro (7), Lilian R. Rubin (7), Meyer Hiller (7), Bertha Stein (7), Ivor Frank (8), Irene R. Lindy (8), Saul Smokler (8)

Week of August 15: Alice Cohen (9), William Hymanson (10), Virginia Lipman (12), Pearl Edwards (12), Sidney Robbins (12), Mollie Grossman (13), Auxilia Marie Nye (13), Murray Daniels (15), Ruth Goldman (15)

Week of August 22: Eva Pastor (16), Esther Weinstein (17), Marvin Poster (18), Samuel Sibulkin (19), Judah Wise (19), William Kleinhandle (20), Robert Dick (21), Betty Doris Kates (21), Krissy Yanofsky (22)

Week of August 29: Dyna Dykerman (23), Mary Nicole (23), George Nielsen (23), Arthur Yaffee (23), Myer Saunders (24), Samuel Goldstein (24), Charles Zinck (24), Nathan Issokson (24), Fredrick L. Diengott (25), Harry Stein (25), John Talisman (7), Barbara Alperin (28), Joseph Jalbert (29), Barbara O'Connor (29)

Week of September 5: William Olney (30), Ray Alterman (30), Selma Odell (30), Martin Erwin Cohen (30), Matthew Fleece (31), Michael Youngfellow (31), Samuel Kramer (1), Hilda Rutstein (1), Aaron Ginsburg (5), Sadie Liebson (5)

Memorial Wall

Members may add the name of a loved one or reserve a space on the Memorial Wall with a minimum contribution of \$300. Please contact the Temple Office for more information.



Hospital Visits:

Please keep us informed!

If you or someone you know will be or is in the hospital please call the Temple office. You can also ask a nurse to see the hospital chaplain, who can call the Temple to let us know that you are there. Rabbi Sam and the Temple Israel community would like to be able to offer support and comfort to you and your family as you may desire.

**Temple Israel
of Dover**

36 Olive Meadow lane
P. O. Box 254
Dover, N. H. 03821
(603) 742-3976
templeoffice@
dovertemple.org
www.dovertemple.org



Temple Israel is a vibrant Reform Jewish congregation. We welcome all who wish to participate in Jewish study, worship, and fellowship. Our mission is to be a center for Jewish tradition, Shabbat and holiday services and programs, sharing of life-cycle events, opportunities for Jewish education for all ages, connection to Israel, and involvement in the wider Jewish world and support for all who are in need.

Temple Israel is a proud member of the URJ (Union for Reform Judaism) We join with more than 800 congregations in the Reform synagogue movement.

President:
Steve Brody
president@dovertemple.org
Rabbi:
Sam Seicol
rabbisam@dovertemple.org
Administrative Assistant:
Tammy Fascetta
TempleOffice@dovertemple.org

August 2015

Happening at Temple Israel of Dover

- 01** 10:30 Shabbat Torah Study
- 04** 3:45-6:15 **Dover Friendly Kitchen Time**
- 07** 7:00 First Friday Shabbat Service
- 08** 10:30 Shabbat Torah Study
- 11:30 HHD Choir Meeting with Sue
- 14** 7:00 Shabbat Service
- 15** 10:30 Third Saturday Shabbat Service
- 11:15 Tots and families Torah parade
- 21** 7:00 Third Friday Music, & Meditation
At the Pond
- 22** 10:30 Shabbat Torah Study
- 11:30 HHD Choir Rehearsal
- 28** 7:00 Shabbat Service
- 29** 10:30 Shabbat Torah Study
- 11:30 HHD Choir Rehearsal

ACTIVITIES FOR CHILDREN

Name the Holiday and its season. Join us in 5776

