

KESHER

Our
Seventy-Sixth
Year!

FROM RABBI SAM

Reform Jewish Spirituality Part 12

The view of Human Spirituality now changes perspective from a dichotomy between the internal (personal) and external (relational) to a more wholistic approach. The first step in understanding the “Wheel” (as seen on page two of the July and August Rabbi articles) is to recognize that each person relates to and finds expression of spirituality through both internal and external pathways unique to the self. The pathways available are universal but the actual balance and utilization among the pathways is personal and individual.

The right side of the “Wheel” which is titled (Internal) or Identity/(Self) lists the four major human pathways to spiritual expression and awareness. These are ordered from the top to the bottom in a progression from the most basic (animal) level to the most developed (human). The progression is not firmly bounded but the realms or pathways have some overlap and blending of one to the next. There is also a closer bond between touching realms than among those more separated in the model. This will be examined in more detail in a later discussion.

The left side of the “Wheel” - (External) or Interactive (People/Nature) reflects the four major areas from the spiral arm of the bagel model found on page two of the May article in the Rabbi’s Study. The Spousal area has been absorbed into the Family/Relational realm or

pathway in this model. It is important to note that in the use of the “Wheel” the realm of Religion is found specifically in the Communal area. This will be discussed in greater detail in a future article, as well.

The terms “Expressive Integration” and “Experiential Connectedness” refer to the ways in which an individual tends to approach the balancing and openness to the different internal and external pathways. They, as all of the terms in the “Wheel”, are descriptive language from the perceptual world for the purpose of discussion when dealing with spiritual definitions.

The final notes on an overview of the “Wheel” deal with the colors chosen and the parallels of colors between the internal and external sides. The “Spirit” of each person is depicted in yellow as a symbol of the life-giving energy and “warmth” for the individual as the sun is the source of all this for all life. The opposing sides of the “Wheel” have the same colors between the internal and external pathways for the self. Thus the physical and relational are purple, sexual and communal are blue, emotional and cultural are orange, and cognitive and global are pink. The specific colors for each pair were chosen at random (perhaps for aesthetic or some undefined (currently) personal spiritual sense) but the use of the same color for each opposing pair is highly intentional and instructive.

The next step will be to explore the implications of the actual pathways.

Temple Israel Board of Trustees—2016-2017

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KESHER

Kesher, Connection,
is the newsletter
of Temple Israel
Dover, NH.

Ideas for submissions
and/or letters to the editor
may be submitted by
members of the Temple
Israel family and all others
who would like to share
news or information with
the Temple community.
All communication with
the Editor should be by e-
mail. Publication of any
flyer or any other article or
submission is limited by
editorial and space consid-
erations.

The deadline for submis-
sion is the twentieth (20th)
of the month for the fol-
lowing month's issue of
Kesher.

email to:
Rabbi Sam Seicol
rabbisam@dovertemple.org

Shabbat @ Temple Israel

Friday evening services 7:00

Saturday mornings 10:30

Please note special programs

Fri Aug 5 7:00 **First Friday Shabbat Service**
Sat Aug 6 10:30 **Shabbat Torah Study**
11:30 **High Holy Day Music Rehearsal**

Fri Aug 12 7:00 **Shabbat Service**
Sat Aug 13 10:30 **Bat Mitzvah of Elle Harris**

Fri Aug 19 6:30 **Adult Ed program at the Pond**
7:30 **Shabbat Music & Meditation**
Sat Aug 20 10:30 **Shabbat Service**
11:15 **Torah with Tots and families**
11:30 **High Holy Day Music Rehearsal**

Fri Aug 26 7:00 **Shabbat Service**
Sat Aug 27 10:30 **Shabbat Torah Study**
11:30 **High Holy Day Music Rehearsal**
4:30 **Havdalah Gathering**

Hosted by Cathi and Mel
266 Evans Mountain Road Stafford, NH



YOU'RE INVITED TO
A SUMMER EVENING
ON THE CHERRY-LISTON FARM
LIGHT SUPPER AND
HAVDALAH SERVICE



- DATE:** Saturday, August 27, 2016
- TIME:** 4:30 - 7:30 PM
- ADDRESS:** 266 Evans Mountain Rd. Strafford, NH
- PLEASE BRING:** A favorite, light, summer dish to share.
Feel free to bring a lawn chair as well. Soft drinks provided.
- RSVP:** (H) 603-269-4888 (C) 603-312-8152
ccherryliston@yahoo.com
- DIRECTIONS:** Available upon request

We hope you can come!

Cathi & Mel

OUR 5776 HIGH HOLIDAY MUSIC FUNDRAISER HAS BEGUN!

IT IS AGAIN TIME TO PLAN FOR OUR ABILITY TO PROVIDE QUALITY PROFESSIONAL MUSIC FOR THE ROSH HASHANNAH AND YOM KIPPUR SERVICES. YOUR DONATION OF ANY AMOUNT IS TRULY APPRECIATED.

PLEASE SEND YOUR MUSIC FUND DONATION TO: TEMPLE ISRAEL MUSIC FUND, PO BOX 254, DOVER, NH 03821

PLEASE NOTE THAT OUR CONGREGATIONAL MUSICIANS AND CHOIR WILL ALSO PROVIDE SPECIAL MUSIC FOR THE HIGH HOLY DAY SERVICES. ALL ARE WELCOME TO JOIN IN – REHEARSALS DATES AND TIMES ARE LISTED ON THE TEMPLE CALENDAR ON THE WEBSITE..

PLEASE CONTACT RABBI SAM FOR MORE INFORMATION.

THANK YOU ONEG HOSTS

Summer Schedule through
September 9
Pot Luck Onegs for all
regular services

August

19 Shabbat at the Pond

ONEG SHABBAT HOSTS

If you are unable to host the Oneg Shabbat on the night assigned to you, please find a substitute by trading with another family from the membership directory. If you need to change your assigned date, please notify:

Cathi Cherry-Liston
603-312-0152, 603-269-4888,
ccherryliston@yahoo.com

All are welcome
August 13 10:30 AM

Bat Mitzvah of
Elle Harris



Please consider marking special occasions and milestones along the path of life for you or your family by purchasing a leaf, stone, or acorn on the Tree of Life.

Plaques in the Sanctuary honor the memory of a loved one.

For more information, contact: the Temple office.
templeoffice@dovertemple.org



Mazal Tov

to our members who are celebrating happy occasions in May!

Join us at Friday Services
August 5 at 7:00 PM
as we offer our wishes for
your special day.

Birthdays

Bill Schoonmaker (4), Edith Newman (7),
June Maria Schwardron (7), Karen Hiller (13),
Mary Kaye (17), David Kaplan (18),
Rick Robbins (22), Marjorie Raven (26),
Savanna Weinstein (28), Martin Jaffe (29)

Anniversaries

Lois & Rob Costa (11)
Karen & David Mott (12)
Jenni & Rabbi Sam Seicol (18)

Please welcome our
New Members

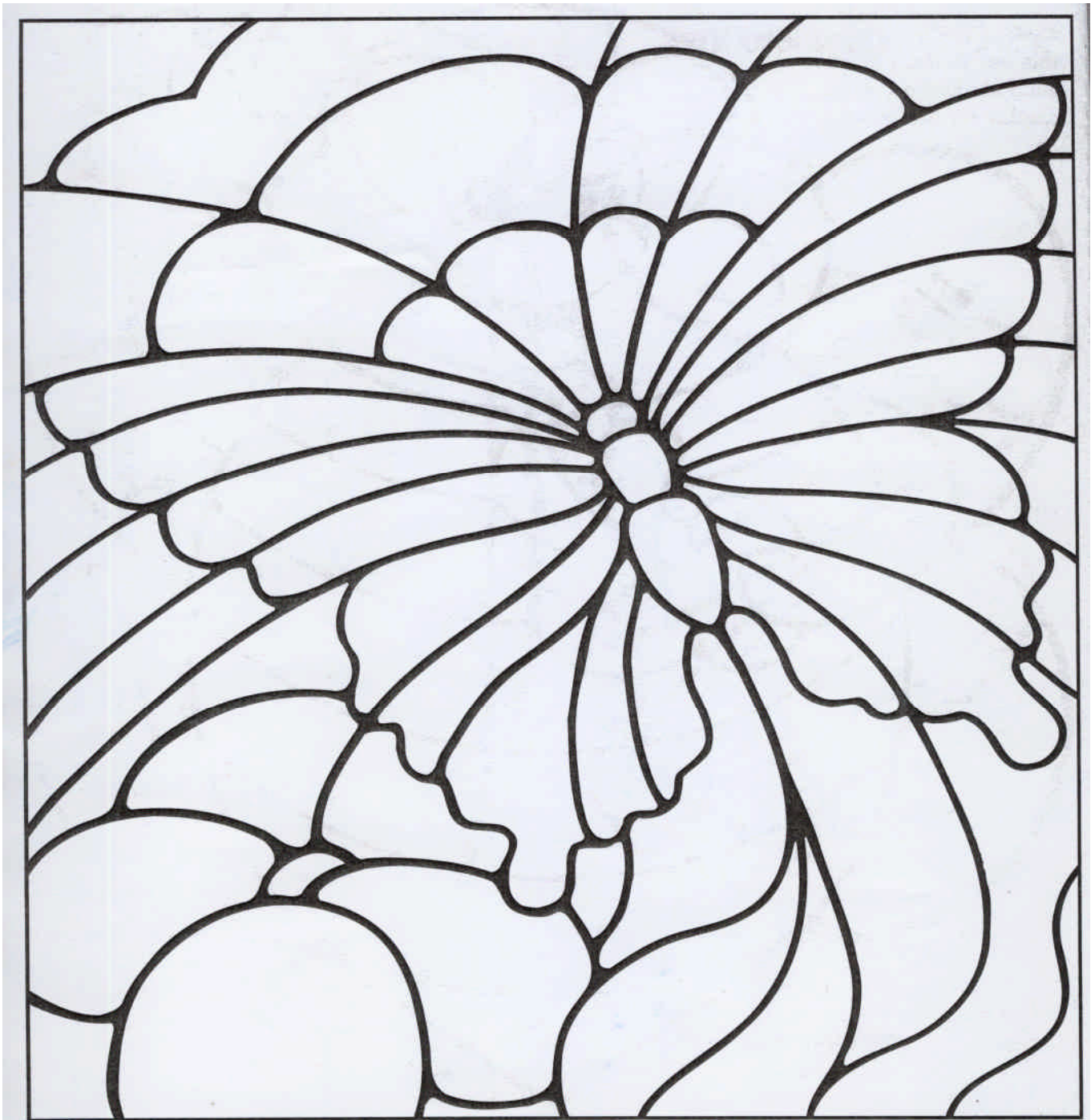
Travis Freidman

Bridget Jameson

Nathan Schwadron and
Marina Ann & June Maria

ACTIVITIES FOR CHILDREN

Color in the Parpar on the Perach



Temple Israel in the Community

The Dover Food Pantry

Items can be donated to the Food Pantry any time.
Drop off may done at the Temple.

The Food Pantry is open
Tuesdays 3-5PM and Thursdays 9-11AM

**In addition to donations of
food and/or personal items
volunteers are always welcome
to help work at the Dover Food Pantry.
Please contact Karen Robichaud
at (603) 749-4235 or blrklr2@aol.com**

The Dover SHARE Fund

directly assists local residents with
needs that are not met through other
helping agencies,
providing them with shelter
and support for utilities and medical
care.

Your support is appreciated!

www.dovershare.org

Dover Friendly Kitchen

**MORE VOLUNTEERS NEEDED!!!
PLEASE JOIN THE COMMUNITY!!!**

Temple Members help serve dinner at the Dover Friendly Kitchen on the first Tuesday of each month at St. Thomas Church Parish Hall on Locust Street. Temple Israel's time slot needs people to help cook, serve, and clean.

We are there from 3:45 until around 6:15.

Volunteers do not need to come for the whole time.

For more information or to let me know if you plan to attend,
please contact me.

We welcome everyone's help!

Thank you!

Andra Welch, Coordinator

abbwelch@yahoo.com or 534-4142

JULY DONATIONS

All are encouraged to honor the memory of loved ones and/or to offer tributes to friends, relatives and members of the community through a donation Temple funds. We express appreciation to:

GENERAL FUND

James and Elizabeth Lieberman

in honor of Helen's Bat Mitzvah and in appreciation for Rabbi Sam, Karen Mott, and Sue Horowitz

Rita Novak

in memory of her mother,
Goldie Saunders

Murial Slutzky

in memory of her mother,
Goldie Saunders

SISTERHOOD

Steve and Sharon Brody

in support of the evening at
Hackmatack Theater

Ethlyne Golub

in support of the evening at
Hackmatack Theater

Hospital Visits: Please keep us informed!

If you or someone you know will be or is in the hospital please call the Temple office. You can also ask a nurse to see the hospital chaplain, who can call the Temple to let us know that you are there. Rabbi Sam and the Caring Committee of Temple Israel would like to be able to offer support and comfort to you and your family as you may desire.

AUGUST YAHRZEITS

NOTE: *Yahrzeits are recorded according to the Hebrew date, so the English date will vary from year to year. Kaddish in the Synagogue may be recited on the Shabbat following the date of remembrance.*

It is traditional to make a donation in memory of the Yahrzeit of a loved one. To make a donation, please contact the Temple Office.

Week of August 6: Harry Verner (31), Gussie Smokler (31), Seymour Hirsh (31), Pearl Robbins (31), Nancy Denenberg (1), Phyllis Cohen (1), Rose Greenblatt (1), Ruth HonigZeff (2), Jacob Eli Stein (3), Myra Fine (4)

Week of August 13: Loretta Moon (7), Augusta Verner (7), Beatrice Weiner (9), Saul Wiseman (9), Anthony Blum (10), Irving Fine (10), Pearl Goldberg (11), Frank Cohen (11), Allen H. Toby (11), Harry Goren (12), Philip H. Miller (12), Celia Levy Pines (13), Ruth Zeff (13)

Week of August 20: Sam Jacobs (14), Chester A. Kennon (14), Barnet Bordetsky (14), Michael Goodstein (15), Ruth Seligson (15), Benjamin Edelstein (15), Sadie Rockenmacher (16), Hilda Kleinhandl (17), Max Flescher (17), Sadie Medved (18), Berla Mae Grant (19), Rose Verner (20), Thomas Peters (20)

Week of August 27: Albert Issokson (21), Max Isacoff (21), Marlean Willensky (22), Curtis Most (23), Elsie Klein (23), Raymond Newton (24), Max Cohen (24), Jeannie Daniels (25), Bertha Wolfson Shapiro (26), Lilian R. Rubin (26), Meyer Hiller (26), Bertha Stein (26), Ivor Frank (27), Saul Smokler (27), Irene R. Lindy (27)

Week of September 4: Alice Cohen (28), William Hymanson (29), Virginia Lipman (31), Pearl Edwards (31), Sidney Robbins (31), Mollie Grossman (1), Auxlia Marie Nye (1), Murray Daniels (3), Ruth Goldman (3)

Memorial Wall

Members may add the name of a loved one or reserve a space on the Memorial Wall with a minimum contribution of \$300. Please contact the Temple Office for more information.



**Temple Israel
of Dover**

36 Olive Meadow lane
P. O. Box 254
Dover, N. H. 03821
(603) 742-3976
templeoffice@
dovertemple.org
www.dovertemple.org



Temple Israel is a vibrant Reform Jewish congregation. We welcome all who wish to participate in Jewish study, worship, and fellowship. Our mission is to be a center for Jewish tradition, Shabbat and holiday services and programs, sharing of life-cycle events, opportunities for Jewish education for all ages, connection to Israel, and involvement in the wider Jewish world and support for all who are in need.

Temple Israel is a proud member of the URJ (Union for Reform Judaism) We join with more than 800 congregations in the Reform synagogue movement.

President:
Steve Brody
president@dovertemple.org
Rabbi:
Sam Seicol
rabbisam@dovertemple.org

August 2016

- 02** 3:45 Dover Friendly Kitchen volunteer time
- 04** 7:00 Hackmatack Hospitality at the Temple Israel tent
8:00 Hackmatack “Once Upon a Mattress”
- 05** 7:00 First Friday Shabbat Service
- 06** 10:30 Shabbat Morning Torah Study
11:30 High Holy Day Musicians – Drop in rehearsal
- 12** 7:00 Shabbat Service
- 13** 10:30 Bat Mitzvah of Elle Harris
- 14** **Tisha B’Av observed**
- 19** 6:30 Adult Education –
Jewish history, customs, and practices
7:30 Third Friday Shabbat Music & Meditation (POND)
- 20** 10:30 Third Saturday Shabbat Service
11:15 Tots and families join for Torah parade & reading
11:30 High Holy Day Musicians – Drop in rehearsal
- 26** 7:00 Shabbat Service
- 27** 10:30 Shabbat Morning Torah Study
11:30 High Holy Day Musicians – Drop in rehearsal
4:30 Havdalah Gathering – Hosted by Cathi and Mel
266 Evans Mountain Road Stafford, NH