

KESHER

Our
Seventy-Sixth
Year!

FROM RABBI SAM

Reform Jewish Spirituality Part 6

Personal (internal) spirituality, as we have seen, is a process of finding/creating meaning out of life's experiences and seeking or developing a sense of purpose for one's own future. The basic elements for this are found in the writings of Victor Frankl (see "Man's Search for Meaning" as well as his later writings). The third dimension of one's personal spirituality is the recognition of the unity of value for each person (including and the self as the starting point).

Relational (external) spirituality is a mutual process of recognizing and validating the "other" as a fully spiritual being as well. The basic elements of this can be found in Martin Buber's "I and Thou". The relational spiritual system is always a two way process of validating and being validated. If it is not, then it is not fully spiritual. In Buber's terms it would be an "I-It" relationship. Ultimately relational spirituality is between two or more persons. Certainly one can find spiritual growth and fulfillment in relationship with a pet or other non-human "other". Since we cannot, at this time, assess or identify the "spirit" of a non-human "other" this is not within the scope of the current discussion.

It may be helpful to look again at the "bagel" model of the human spirit (on page two of the February Rabbi Article found on the Temple website). The spiral around the "person" reflects a mean distance of all the

"others" who are themselves personal spiritual entities. Note that the spiral is connected most closely to the individual in the relationship I call the "spouse".

In cases of a long term "spousal" relationship, the external edge of the two persons may be so close that there is, at times, virtually no distance between them. This lack of spiritual separation is often expressed in such relationships as, "I do not know where s/he begins and I end", filling in the other's sentences or thoughts in a mutually supportive way, or simply being present with each other no matter what geographical distance there might be.

In all spiritual "spousal" relations, the distance between the two individuals is the minimum possible distance. Put in other terms, the definition of "spouse" as a spiritual relationship might be: that person with whom the individual has the closest and most intimate spiritual relationship. Note that this does not necessarily equate to religious or legal definitions of spouse. That there may be more than one "other" for the individual in a spousal relationship under differing times and circumstances without conflicting with or "cheating" on the most frequently identified "spouse" will be part of a future discussion on the pathways to the spirit.

In non-spousal connections, the spiritual distance between individuals grows as the number increases. This will be explored in more detail in the March Keshet and Rabbi Article.

Temple Israel Board of Trustees—2015-2016

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TEMPLE OFFICE HOURS:

Monday through Friday 9:00 am – 1:30 pm

KESHER

Kesher, Connection,
is the newsletter
of Temple Israel
Dover, NH.

Ideas for submissions and/or letters to the editor may be submitted by members of the Temple Israel family and all others who would like to share news or information with the Temple community.

All communication with the Editor should be by e-mail. Publication of any flyer or any other article or submission is limited by editorial and space considerations.

The deadline for submission is the twentieth (20th) of the month for the following month's issue of *Kesher*.

mail to:

Tammy Fascetta
TempleOffice
@dovertemple.org

or

Rabbi Sam Seicol
rabbisam@dovertemple.org

Shabbat @ Temple Israel

Friday evening services 7:00

Saturday mornings 10:30

Please note special programs

Friday Feb 5 7:00 1st Friday - Led by students

Saturday Feb 6 10:30 Shabbat Torah Study

Friday Feb 12 7:00 Shabbat Service

Saturday Feb 13 10:30 Shabbat Torah Study

Friday Feb 19 7:00 Shabbat Service

**Saturday Feb 20 10:30 Shabbat Morning Service
11:15 Tots in Torah Parade**

Friday Feb 26 4:00 Challah Baking Session

7:00 Lay Led Shabbat Service

Saturday Feb 27 No Shabbat Morning Torah Study

From the Board

The Temple is still too well kept a secret in the greater Dover and Seacoast area. Jews and non-Jews, alike, still say to me: “Temple Israel is still around!” or “I heard that you were closing!” or “I heard you sold your building and moved!” We are still here and vibrant and active as those who have remained involved, read the Keshet, and/or view our website know.

Honeytree Learning Center is strong and continues to grow toward its future. We have an excellent relationship with them and our proud of all that they provide to families with young children in the greater Dover area. They are open year round Monday through Friday 6:30am to 6:00pm. They close for major holidays, teacher in-service days, and Jewish holidays when the Temple needs the building or the full parking lot.

The Temple is open for services, events, programs, activities, and Religious School Friday evenings, Saturdays, and Sunday mornings. Rabbi Sam is available almost every weekend at these time - also year round. Rabbi Sam is also available to our members, as needed and possible, Monday to Thursday each week by email. Tammy is available during the week by phone or my email, as well.

Just take a look at the monthly calendar on the last page of the Keshet or the full “rest of 5776” calendar on the front page of the website to see all that we offer through the Temple.

Please make a special effort to join us for any or all of our January events. All can be found on the Temple calendars and website or you can view pages 2, 4, 5, and 6 for more information on each. If you have a facebook account, you can also join the Temple facebook page for up to date reminders. Also be sure that Tammy has your email address if you would like to be reminded of the next week’s calendar. Take special note of the bottom of page 5 of this Keshet. The annual (pre)Tu Bshevat event is an excellent time to bring friends to the Temple. We have over 50 people of all ages share in this food and tree celebration.

Finally, we are always glad to develop and expand ways that the Temple can offer more to members and the community. If you have any ideas, questions, or simply want to become more involved and connected, do not hesitate to contact me.

May you have a joy-filled healthy and happy new secular year for 2016.

Steve Brody, President president@dovertemple.org

THANK YOU ONEG HOSTS

February

- 5 Religious School Families
- 12 Glicka and Michael Kaplan
- 19 Pot-Luck Oneg - February vacation
- 26 Pot-Luck Oneg - February vacation

March

- 4 Religious School Families
- 11 Eve Edelstein Williams and Colin Williams
Naomi Kournhauser and Michael Behrendt
- 18 Beth and James Krzanowski
Julie Low and Jim Weiner
- 25 Pot-Luck Oneg - Purim Shpiel

ONEG SHABBAT HOSTS

If you are unable to host the Oneg Shabbat on the night assigned to you, please find a substitute by trading with another family from the membership directory. If you need to change your assigned date, please notify: **Cathi Cherry-Liston**
603-312-0152, 603-269-4888,
ccherryliston@yahoo.com



Please consider marking special occasions and milestones along the path of life for you or your family by purchasing a leaf, stone, or acorn on the Tree of Life.

Plaques in the Sanctuary honor the memory of a loved one.

For more information, contact: Tammy Fascetta in the Temple office.
templeoffice@dovertemple.org



Mazal Tov

to our members who are celebrating happy occasions in November!

**Join us at Friday Services
February 5 at 7:00 PM
as we offer our wishes for
your special day.**

Birthdays

Heidi Kotlus (5), Jonathan Harris (11),
David Richman (11), Ruth Saunders (15),
Sonia Ginsburg (21),
Rabbi Sam Seicol (23),
Jonathan Flagg (25), Bruce Samuels (26),
Carol Birch (28)

Anniversaries

Lessa Brill & John Wallace (7),
Marc & Lisa Weinstein (16),
Colin & Eve Edelstein Williams(21)

Save the Date

**Community
Passover Seder
April 23 5:30**



B'not Mitzvah 5776 / 2016

May 14

Rachel Saltman

May 28

Helen Lieberman

Religious School Sponsored Events

Religious School Classes

All are WELCOME at all events

February

- | | |
|-----------|---|
| 5 | First Friday Services led by Hebrew Students |
| 7 | 9:30 Religious School Classes |
| 14 | 9:30 Religious School Classes |
| 21 | No Religious School Classes - February Vacation starts |
| 28 | No Religious School Classes - February Vacation ends |

March

- | | |
|-----------|---|
| 6 | 9:30 Religious School Classes |
| 13 | 9:30 Religious School Classes |
| 20 | 9:30 Religious School Classes |
| 25 | 6:30 Purim Shpiel and Costume Parade |
| 27 | 10:00 Hamentaschen making P³ (Post-Purim Party) |

PURIM

@

Temple Israel Dover

All are WELCOME

Friday March 25

6:30 Kabbalat Shabbat/Purim Shpiel

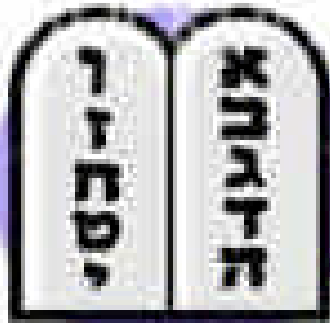
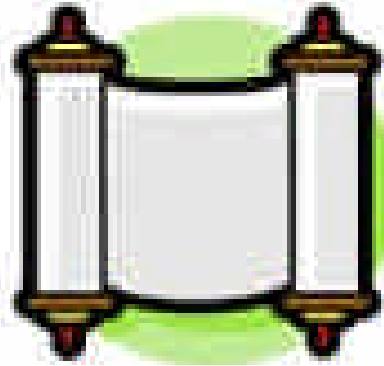
Come in a costume you think the Rabbi will not be able to include in his light hearted midrashic retelling of the story of Esther and her Shushan community.

Sunday March 27

10:00 Hamentaschen Making/Eating

Bring your favorite filling for your own hamentaschen. Prizes awarded for “best of show”.

ACTIVITIES FOR CHILDREN



Label each Jewish symbol according the hints below:

- 1. Moses got on Mt. Sinai**
- 2. For Friday night**
- 3. Used at Chanukah**
- 4. Symbol of David**
- 5. From the 1st Temple in Jerusalem**
- 6. Read at services Saturday morning**

Temple Israel in the Community

The Dover Food Pantry

Items can be donated to the Food Pantry any time.

Drop off may done at the Temple.

The Food Pantry is open

Tuesdays 3-5PM and Thursdays 9-11AM

In addition to donations of food and/or personal items

volunteers are always welcome

to help work at the Dover Food Pantry.

Please contact Karen Robichaud

at (603) 749-4235 or blrklr2@aol.com

The Dover SHARE Fund

directly assists local residents with needs that are not met through other

helping agencies,

providing them with shelter

and support for utilities and medical care.

Your support is appreciated!

www.dovershare.org

Dover Friendly Kitchen

MORE VOLUNTEERS NEEDED!!!

PLEASE JOIN THE COMMUNITY!!!

Temple Members help serve dinner at the Dover Friendly Kitchen on the first Tuesday of each month at St. Thomas Church Parish Hall on Locust Street. Temple Israel's time slot needs people to help cook, serve, and clean.

We are there from 3:45 until around 6:15.

Volunteers do not need to come for the whole time.

For more information or to let me know if you plan to attend, please contact me.

We welcome everyone's help!

Thank you!

Andra Welch, Coordinator

abbwelch@yahoo.com or 534-4142

JANUARY DONATIONS

All are encouraged to honor the memory of loved ones and/or to offer tributes to friends, relatives and members of the community through a donation Temple funds. We express appreciation to:

General Fund

Burt Cohen -
Donation to youth programming
Anonymous -
8 foot storable table for Onegs

Rabbi's Fund

Zach & Kristen Nobel -
In honor of Katrina Bradbury

Music Fund

Karen Mott

Hospital Visits:

Please keep us informed!

If you or someone you know will be or is in the hospital please call the Temple office. You can also ask a nurse to see the hospital chaplain, who can call the Temple to let us know that you are there. Rabbi Sam and the Caring Committee of Temple Israel would like to be able to offer support and comfort to you and your family as you may desire.

FEBRUARY YAHRZEITS

NOTE: *Yahrzeits are recorded according to the Hebrew date, so the English date will vary from year to year. Kaddish in the Synagogue may be recited on the Shabbat following the date of remembrance.*

It is traditional to make a donation in memory of the Yahrzeit of a loved one. To make a donation, please contact the Temple Office.

Week of February 6: Jacob N. Paisner (2), Laura Ossoff (4), Abraham Levine (4), Lewis J. Fisher (4), Libby Rothstein (5), Ida Siegel (5), Jack Cook (5), Irving Thorner (6), Milton H. Cooper (6), Ellen Silverman (6)

Week of February 13: Betty Karnefsky (7), Jacob Potter (8), Robert Davis Jr. (8), Anne Gray (8), Ree Becker (8), Theodore Davis (9), Lillian Miller (10), Sam Glosserman (10), Golda Zarrow (12), Shirley Traven (12), Marjorie Ellen Ryder (13), Beatrice Newton (13), Robert Fox (13), June Singer (13)

Week of February 20: Phyllis Klave (14), Norman Brill (14), Louis H. Silverman (14), Bruce Krassner (15), Micki Pastor (15), Joseph Nicole (15), Rachel Leah Tayyabkhan (16), Louis Horwitz (17), Morris Marcus (18), Estelle Cooperman (19), Stephen Stocklan (20)

Week of February 27: Margaret LevorGutman (21), Edward Baer (21), Ari Legerstee (22), Michael Stocklan (24), Bertram Marks (24), Daniel Newman (25), Helen Ruth Levy (26), Pearl Rosenthal (28), Bess Marcus (28), Rabbi Norman Gellar (28), Sophje Feldman (29), Sondra Rechy (29), Bette Aschenasy (1), Sumner Levy (1), Esther Bravman (1), Max B. Sanders (2), Frank Anker (2), Ida Isacoff (3), Ceclia Pindrus (3), Lorraine Kotlus (4), Duy Davis (5), George J. Feinberg (5)

Memorial Wall

Members may add the name of a loved one or reserve a space on the Memorial Wall with a minimum contribution of \$300. Please contact the Temple Office for more information.



Temple Israel of Dover

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P. O. Box 254
Dover, N. H. 03821
(603) 742-3976
templeoffice@
dovertemple.org
www.dovertemple.org



Temple Israel is a vibrant Reform Jewish congregation. We welcome all who wish to participate in Jewish study, worship, and fellowship. Our mission is to be a center for Jewish tradition, Shabbat and holiday services and programs, sharing of life-cycle events, opportunities for Jewish education for all ages, connection to Israel, and involvement in the wider Jewish world and support for all who are in need.

Temple Israel is a proud member of the URJ (Union for Reform Judaism) We join with more than 800 congregations in the Reform synagogue movement.

President:
Steve Brody
president@dovertemple.org
Rabbi:
Sam Seicol
rabbisam@dovertemple.org
Administrative Assistant:
Tammy Fascetta
TempleOffice@dovertemple.org

February 2016

- 02** 3:45 Dover Friendly Kitchen volunteer time
- 05** 7:00 First Friday Shabbat Service led by 3rd – 7th grades
- 06** 10:30 Shabbat Morning Torah Study
11:30 Adult Hebrew – Learn to read Hebrew
- 07** 9:30 Religious School Classes
- 12** 7:00 Shabbat Service
- 13** 10:30 Shabbat Morning Torah Study
11:30 Adult Hebrew – Learn to read Hebrew
- 14** 9:30 Religious School Classes
- 19** 7:00 Third Friday Shabbat Study, Music, & Meditation
- 20** 10:30 Third Saturday Shabbat Service
11:15 Tots and families join for Torah parade & reading
- 21** No Religious School Classes – February Vacation
- 26** 4:00 Challah baking and socialization
7:00 Lay-Led Shabbat Service
- 27** No Shabbat Morning Services or Torah Study
- 28** No Religious School Classes – End of February Vacation