

KESHER

Our
Seventy-Sixth
Year!

FROM RABBI SAM

Reform Jewish Spirituality Part 5

I continue, this month with the model of Spirituality as the 3-dimensional Meaning/Purpose/Value analogy to three legs of a stool or tripod. When not in balance, stability and support vanishes. It might be helpful to look again at the model pictured on page 2 of the October Rabbi Study article.

This model has been called the donut of personal Spirituality. I prefer to refer to it as the “Spiritual Bagel”. Each individual can be seen as experiencing Spirituality as the “bagel”, though the Spirit itself is found in the “hole”. Thus, if the ingredients of the “bagel” are not in balance, the “bagel” will be lopsided or (worse) even inedible. It is worth noting that a true bagel requires the hole. This is best illustrated by a famous story of the Baker of Chelm:

It seems that the inhabitants of Chelm had never tasted a bagel as the baker of Chelm had never heard of one. One time, while traveling in the nearby city, he came upon a bake shop that specialized in bagels. After tasting one, he immediately wanted to bring this delicacy back to his fellow Chelmites. He sought out the baker and asked if he could purchase the recipe so he could bring this marvelous delight back to Chelm. The baker, recognizing that this baker was from Chelm, explained that the true essence of the bagel was not in the dough but in the hole. He further offered that he had received more

*holes than he could use before they spoiled and offered to sell the surplus to the baker from Chelm at a deeply discounted price. The Chelm baker was delighted and bought two full bags of holes. On the way home, however, the bags snagged on a bush by the side of the road and ripped open. When the Chelm baker opened the bags and looked inside, the bags were both empty. **All the holes had spilled out and scattered in the wind.** He could not find even one bagel hole despite an exhaustive search of the area. And so it is, that to this day, Chelmites have still never tasted the delight of a bagel.*

Experiencing, defining, directly knowing or measuring the spirit is, then, as elusive as finding the hole when the bagel is gone. It is only through the essence of the self that the true measure of the spirit can be found.

Each person, finds personal (internal) Spiritual support and strength in the process of creating a sense of meaning and purpose as a part of her/his validating and being validated in the recognition of the basic value of personhood. This sense of value and spiritual validation is shared in a relational context, as indicated by the spiral arm emanating from the “bagel” of the personal spiritual self.

The spiral connects most closely to the individual in the relationship I call the “spouse”. The Spiritual distance between individuals grows as the number increases. This will be the topic for February.

Temple Israel Board of Trustees—2015-2016

Steve Brody, President

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TEMPLE OFFICE HOURS:

Monday through Friday 9:00 am – 1:30 pm

KESHER

Kesher, Connection,
is the newsletter
of Temple Israel
Dover, NH.

Ideas for submissions and/or letters to the editor may be submitted by members of the Temple Israel family and all others who would like to share news or information with the Temple community.

All communication with the Editor should be by e-mail. Publication of any flyer or any other article or submission is limited by editorial and space considerations.

The deadline for submission is the twentieth (20th) of the month for the following month's issue of *Kesher*.

mail to:

Tammy Fascetta
TempleOffice
@dovertemple.org

or

Rabbi Sam Seicol
rabbisam@dovertemple.org

Shabbat @ Temple Israel

Friday evening services 7:00

Saturday mornings 10:30

Please note special programs

Friday Jan 1 6:30 Pot-Luck Shabbat Dinner

Saturday Jan 2 10:30 Shabbat Torah Study

Friday Jan 8 7:00 Shabbat Service

Saturday Jan 9 10:30 Shabbat Torah Study

Friday Jan 15 4:00 Challah Baking Session

7:00 Lay Led Shabbat Service

Saturday Jan 16 No Shabbat Service or Torah Study

Friday Jan 22 7:00 Shabbat Service

Saturday Jan 23 10:30 Shabbat Morning Service

11:15 Tots in Torah Parade

Friday Jan 29 7:00 Shabbat Service

Saturday Jan 30 10:30 Shabbat Torah Study

From the Board

The Temple is still too well kept a secret in the greater Dover and Seacoast area. Jews and non-Jews, alike, still say to me: “Temple Israel is still around!” or “I heard that you were closing!” or “I heard you sold your building and moved!” We are still here and vibrant and active as those who have remained involved, read the Keshet, and/or view our website know.

Honeytree Learning Center is strong and continues to grow toward its future. We have an excellent relationship with them and our proud of all that they provide to families with young children in the greater Dover area. They are open year round Monday through Friday 6:30am to 6:00pm. They close for major holidays, teacher in-service days, and Jewish holidays when the Temple needs the building or the full parking lot.

The Temple is open for services, events, programs, activities, and Religious School Friday evenings, Saturdays, and Sunday mornings. Rabbi Sam is available almost every weekend at these time - also year round. Rabbi Sam is also available to our members, as needed and possible, Monday to Thursday each week by email. Tammy is available during the week by phone or my email, as well.

Just take a look at the monthly calendar on the last page of the Keshet or the full “rest of 5776” calendar on the front page of the website to see all that we offer through the Temple.

Please make a special effort to join us for any or all of our January events. All can be found on the Temple calendars and website or you can view pages 2, 4, 5, and 6 for more information on each. If you have a facebook account, you can also join the Temple facebook page for up to date reminders. Also be sure that Tammy has your email address if you would like to be reminded of the next week’s calendar. Take special note of the bottom of page 5 of this Keshet. The annual (pre)Tu Bshevat event is an excellent time to bring friends to the Temple. We have over 50 people of all ages share in this food and tree celebration.

Finally, we are always glad to develop and expand ways that the Temple can offer more to members and the community. If you have any ideas, questions, or simply want to become more involved and connected, do not hesitate to contact me.

May you have a joy-filled healthy and happy new secular year for 2016.

Steve Brody, President president@dovertemple.org

THANK YOU ONEG HOSTS

January

- 1 Meat/Veg Dinner (No Services)
- 8 Patty and Andy Diengott
Stacey and Jeff Segil
- 15 Pot-Luck Oneg - MLK weekend
- 22 Polly and Jonathan Flagg
Carolyn Anderson & Phil Ginsburg
- 29 Mary Alice Prenaveau
Holly and Ken Grossman

February

- 5 Religious School Families
- 12 Glicka and Michael Kaplan
- 19 Pot-Luck Oneg - February vacation
- 26 Pot-Luck Oneg - February vacation

ONEG SHABBAT HOSTS

If you are unable to host the Oneg Shabbat on the night assigned to you, please find a substitute by trading with another family from the membership directory. If you need to change your assigned date, please notify: **Cathi Cherry-Liston**
603-312-0152, 603-269-4888,
ccherryliston@yahoo.com



Please consider marking special occasions and milestones along the path of life for you or your family by purchasing a leaf, stone, or acorn on the Tree of Life.

Plaques in the Sanctuary honor the memory of a loved one.

For more information, contact: Tammy Fascetta in the Temple office.

templeoffice@dovertemple.org



Mazal Tov

to our members who are celebrating happy occasions in November!

**Join us at Friday Dinner
 January 1 at 6:30 PM
 as we offer our wishes for
 your special day.**

Birthdays

Cathi Cherry-Liston (3), Heather Wechsler (10),
 Maschia Kaplan (12), Julie Serrano (13),
 Bertha Litvack (13), Zachariah Nobel (19),
 Zachary Venne (21), Anna Lieberman (23),
 Stacey Samuels (29), Jacob Kaplan (30),
 Glicka Kaplan (31)

Anniversaries

Bill & Jill Schoonmaker (13),
 DeeDee & David Goldstein (31)

**Please welcome
 our new members**

**Mark & Melissa
 Manganiello Brahms**



B'not Mitzvah 5776 / 2016

May 14

Rachel Saltman

May 28

Helen Lieberman

Religious School Sponsored Events

Religious School Classes

All are **WELCOME** at all events

January

- 3** **No Religious School Classes - Winter Vacation**
- 10** **9:30 Religious School Classes**
- 17** **No Religious School Classes - MLK Weekend**
- 24** **10:00 (pre)Tu Bishevat Celebration ***See Below**
- 31** **9:30 Religious School Classes**



Annual (pre)Tu BiShevat Celebration



Sunday January 24

10:00 AM

Bring Your Friends - No Charge

**ANNUAL MLK WEEKEND
INTERFAITH OBSERVANCE**

**SUNDAY JANUARY 17 7:00PM
TEMPLE ISRAEL OF DOVER**

**SPONSORED BY DARLA
DOVER AREA RELIGIOUS LEADERS ASSOCIATION**

Please Join Us

**Special Pot-Luck Dinner
Friday January 1 6:30**

Welcome in 2016

**Pot-Luck Meat/Veg Dinner (No Dairy)
Sparkling Beverages / Noise Makers provided**

ACTIVITIES FOR CHILDREN



Color in the different fruits and vegetable

Draw, color, and name as many fruits as you can

Temple Israel in the Community

The Dover Food Pantry

Items can be donated to the Food Pantry any time.

Drop off may done at the Temple.

The Food Pantry is open

Tuesdays 3-5PM and Thursdays 9-11AM

**In addition to donations of
food and/or personal items**

volunteers are always welcome

to help work at the Dover Food Pantry.

Please contact Karen Robichaud

at (603) 749-4235 or blrklr2@aol.com

The Dover SHARE Fund

directly assists local residents with needs that are not met through other

helping agencies,

providing them with shelter

and support for utilities and medical care.

Your support is appreciated!

www.dovershare.org

Dover Friendly Kitchen

MORE VOLUNTEERS NEEDED!!!

PLEASE JOIN THE COMMUNITY!!!

Temple Members help serve dinner at the Dover Friendly Kitchen on the first Tuesday of each month at St. Thomas Church Parish Hall on Locust Street. Temple Israel's time slot needs people to help cook, serve, and clean.

We are there from 3:45 until around 6:15.

Volunteers do not need to come for the whole time.

For more information or to let me know if you plan to attend,
please contact me.

We welcome everyone's help!

Thank you!

Andra Welch, Coordinator

abbwelch@yahoo.com or 534-4142

DECEMBER DONATIONS

JANUARY YAHRZEITS

All are encouraged to honor the memory of loved ones and/or to offer tributes to friends, relatives and members of the community through a donation Temple funds. We express appreciation to:

General Fund

Sue & Robert Horowitz

Of Special Note

We received “Todah Rabah” thanks from the family of Bielsky-Perez “for all your kindness at Rosh Hashanna”

Hospital Visits:

Please keep us informed!

If you or someone you know will be or is in the hospital please call the Temple office. You can also ask a nurse to see the hospital chaplain, who can call the Temple to let us know that you are there. Rabbi Sam and the Caring Committee of Temple Israel would like to be able to offer support and comfort to you and your family as you may desire.

NOTE: *Yahrzeits are recorded according to the Hebrew date, so the English date will vary from year to year. Kaddish in the Synagogue may be recited on the Shabbat following the date of remembrance.*

It is traditional to make a donation in memory of the Yahrzeit of a love one. To make a donation, please contact the Temple Office.

Week of January 2: Warren H. Overstreet Sr. (28), Gloria Adelman (29), Antoine Walker (29), Eugene Kleinhandl (29), Robert Liston Sr. (30), Suzan Irene Horn (1), Arnold S. Katz (1), Matthew Krassner (2)

Week of January 9: Hyman Katz (3), Allen Sibley (3), Sheila M. Kaplan (3), Harold Dinaburg (3), Arthur Housman (4), Philip Singer (4), Pauline Cohen (5), Louis Stocklan (5), Leon Brill (5), Libby Ginsberg (5), Beatrice Saltman Dulberg (6) Garrett Aviles (6), Ruth Talisman (6), Rose Silverman Cohen (7), Rabbi Sidney Rothstein (7)

Week of January 16: Harold J. Potter (10), Nathan Allen (12), Morris Kram (12), Mary C. Feltes (13), Steven Goodstein (16)

Week of January 23: Marjorie Alberts (17), Irving Pastor (18), Chayim Meyrowitz (18), Marian Frankel (19), Jason Smith (20), Rebecca Thorner (20), Hyman Miller (21), Mildred Katz (21), Isadore Stack (23), Alfred Anderson (23)

Week of January 30: Issac C. Kates (24), Harry Goodstein (24), Gertrude Baer (25), Jacob A. Rosenberg (26), Jane Wise (26), Max Becker (27), Sue Ann Katz (27), Gertrude Berenson (28), Daniel Berman (28), Michelle K. Robbins (28), Marian Ruth Frankel (28), Thomas Weinbaum (29), Vivian Lafargue (29), Frances Davis (30), Elizabeth Schoonmaker (30)

Week of February 6: Jacob N. Paisner (2), Abraham Levine (4), Laura Ossoff (4), Lewis J. Fisher (4), Libby Rothstein (5), Ida Siegel (5), Jack Cook (5), Irving Thorner (6), Milton H. Cooper (6), Ellen Silverman (6)

Memorial Wall

Members may add the name of a loved one or reserve a space on the Memorial Wall with a minimum contribution of \$300. Please contact the Temple Office for more information.



**Temple Israel
of Dover**

36 Olive Meadow lane
P. O. Box 254
Dover, N. H. 03821
(603) 742-3976
templeoffice@
dovertemple.org
www.dovertemple.org



Temple Israel is a vibrant Reform Jewish congregation. We welcome all who wish to participate in Jewish study, worship, and fellowship. Our mission is to be a center for Jewish tradition, Shabbat and holiday services and programs, sharing of life-cycle events, opportunities for Jewish education for all ages, connection to Israel, and involvement in the wider Jewish world and support for all who are in need.

Temple Israel is a proud member of the URJ (Union for Reform Judaism) We join with more than 800 congregations in the Reform synagogue movement.

President:
Steve Brody
president@dovertemple.org
Rabbi:
Sam Seicol
rabbisam@dovertemple.org
Administrative Assistant:
Tammy Fascetta
TempleOffice@dovertemple.org

January 2016

- 01** 6:30 Shabbat – Meat/Vegetarian (no dairy) Dinner
No formal Services
- 02** 10:30 Shabbat Morning Torah Study
- 03** No Religious School Classes – End of Winter Vacation
- 05** 3:45 Dover Friendly Kitchen volunteer time
- 08** 7:00 Shabbat Service
- 09** 10:30 Shabbat Morning Torah Study
11:30 Adult Hebrew I – Learn to read Hebrew
- 10** 9:30 Religious School Classes
- 15** 4:00 Challah baking and socialization
7:00 Lay-Led Shabbat Service
- 16** No Shabbat Morning Services
- 17** No Religious School Classes – MLK Weekend
7:00 Annual Interfaith MLK Service Program – TBD
- 22** 7:00 Shabbat Service
- 23** 10:30 Shabbat morning service
11:15 Tots in Torah Parade
11:45 Adult Hebrew I – Learn to read Hebrew
- 24** 10:00 Community pre-Tu B'Shevat Celebration

Tu B'Shevat

- 25**
- 29** 7:00 Shabbat Service
- 30** 10:30 Shabbat Morning Torah Study
11:30 Adult Hebrew I – Learn to read Hebrew
- 31** 9:30 Religious School Classes