

KESHER

Our
Seventy-Sixth
Year!

FROM RABBI SAM

Reform Jewish Spirituality Part 11

In the first ten articles of this series, the approach to understanding spirituality from a definable or perceptual framework has focused on the individual in relationship to the self and others as separate entities or processes. The “Bagel” model of spirituality depicts the self as a “black box” without regards to the actual workings or pathways to the hidden spirit at the center (the “bagel hole”).

For the next series of articles, the graphic view of this model of the human spirit focuses on the actual workings or pathways of the spirit.

The “bagel” picture envisions the self as a 3-dimensional entity analogous to the spatial and temporal world. Where, in the perceptual world, there is height/depth/length in the spatial realm and past/present/future in our temporal awareness; in the 3-dimensional spiritual realm there is meaning/value/purpose.

This model, the “Wheel of the Human Spirit” (page two of the July Rabbi article on the Temple website) explores the dynamics of interaction between the spirit and the self. In the “Bagel” model analogy to the perceptual world was the guiding process. For the “Wheel” the spirit is known through its effects. The analogy to this can be seen in the challenge to demonstrate that air exists outside of a close room. In looking through the windows the air is posited as the cause of the leaves moving or

the branches of trees swaying. It may also be helpful to recognize that in Hebrew the words of spirit or soul are from the same roots as the words for air, breath, or wind.

Note that the spirit still resides in the center of the “Wheel” even as it did in the “Bagel”. Ultimately, the spirit cannot be found through direct measurement and only exists in human awareness as long as the “breath” is in the body. Attempts to locate or define the spirit are beyond the scope and purpose of this understanding of human spirituality.

Note that the “Wheel” is divided into two hemispheres. The right half is titled “Internal” or “Identity (Self)” and the left is “External” or “Interactive (People/Nature)”. The right half views the circle of the self from the previous viewpoint and the left side represents the spiral that was around the circle of the self.

In the former view, as the distance between the self and others increased (the power, in a sense, of each individual’s connection to the self thus decreasing) the actual number of others in spiritual relationship increased as well.

In this model of the “Wheel”, the use of quantitative analogies is replaced by an analysis of the qualitative aspects of each of the spiritual pathways and the relationships between and among all of the pathways.

The August article will enter into the realm of understanding the “Wheel” and the various implications and applications.

Temple Israel Board of Trustees—2015-2016

Steve Brody, President

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Andy Diengott, Carole Krassner , Ken Litvak, Paul Pasternak,

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KESHER

Kesher, Connection,
is the newsletter
of Temple Israel
Dover, NH.

Ideas for submissions
and/or letters to the editor
may be submitted by
members of the Temple
Israel family and all others
who would like to share
news or information with
the Temple community.

All communication with
the Editor should be by e-
mail. Publication of any
flyer or any other article or
submission is limited by
editorial and space consid-
erations.

The deadline for submis-
sion is the twentieth (20th)
of the month for the fol-
lowing month's issue of
Kesher.

email to:

Rabbi Sam Seicol
rabbisam@dovertemple.org

Shabbat @ Temple Israel

Friday evening services 7:00

Saturday mornings 10:30

Please note special programs

**Fri July 1 6:30 Special 4th of July weekend
Shabbat at Wagon Hill Park in Durham**

Sat July 2 10:30 Shabbat Torah Study

Fri July 8 7:00 Shabbat Service

Sat July 9 10:30 Shabbat Torah Study

**Fri July 15 6:30 Adult Ed program at the Pond
7:30 Shabbat Music & Meditation**

**Sat July 16 10:30 Shabbat Service
11:15 Torah with Tots and families**

Fri July 22 7:00 Shabbat Service

Sat July 23 10:30 Shabbat Torah Study

Fri July 29 7:00 Shabbat Service

Sat July 30 10:30 Shabbat Torah Study

President's Message July 2016

For those who did not make it to the June 26 Annual Meeting, a brief update.

Attendance was 18 people present, and 15 ballots received. Proposed slate was elected as anticipated, and the proposed Amendment to the By-Laws to add the Temple Youth Group to the Board, and to reduce the number of Trustees from 9 to 6, both passed with no opposition. That was the good news.

So where do we go from here? With a 23% return on the ballot (15 ballots out of 65 member units) and only 18 people being present, is that who you want to make decisions and decide the future of Temple Israel of Dover?

To put it differently, what do you want Temple Israel to be for you? How can we help you, and in turn you help us, to make Temple Israel a source of Judaic content, culture, comradery, and connection, for you and your family? What type of programming, events, social gatherings, etc., would interest you? What do we need to do to be able to say hello to you at the Temple or a Temple event, other than at the High Holidays?

This past weekend there was a screening of 'Beneath the Helmet: From High School to the Home Front' at a congregant's home. The film, a 2014 documentary, follows five young Israeli high school students as they are drafted into the IDF and their transformation from students to soldiers. The turnout was better than I anticipated and following the film there was a discussion of the content. It was a very enjoyable evening.

As a follow-up there is a short documentary that follows one of the soldiers, an Ethiopian who migrated to Israel with his family when he was 12. We will be showing it sometime this summer.

In addition, there are several other films that we will be using this summer as part of a Film Festival that we will kick off this summer and hopefully continue throughout the year. They may not be box office hits, but they all have some Jewish relevance and will stimulate conversation and discussion. There will be a small donation and I guarantee it will be significantly less than going out to the movies. And we'll throw in some refreshments and only ask that you silence your cell phones.

So this will be a start to doing some fun and fund raising. As to how successful we are will depend on you. We need to raise about \$15,000 in fund raising to add to our bottom line. And of course if you have additional ideas for fund raising, and/or would like to help put them into place, let me know.

Last but not least, I am pleased to report that two people have stepped up and agreed to be on the Board to fill the vacant slots. Unfortunately the ballot had been sent out before their agreement was confirmed so in accordance with the By-Laws I will present them as my nominations to the Board for approval at the July Board meeting.

Please check the Temple website and the weekly updates and calendar for additional events and information.

L'Shalom

Steven Brody, President President@DoverTemple.org 603 617 9116 (Cell)

THANK YOU ONEG HOSTS

Summer Schedule through
September 9
Pot Luck Onegs for all
regular services

July

1 Shabbat at Wagon Hill, Durham
15 Shabbat at the Pond

August

19 Shabbat at the Pond

ONEG SHABBAT HOSTS

If you are unable to host the Oneg Shabbat on the night assigned to you, please find a substitute by trading with another family from the membership directory. If you need to change your assigned date, please notify: **Cathi Cherry-Liston**
603-312-0152, 603-269-4888,
ccherryliston@yahoo.com



Please consider marking special occasions and milestones along the path of life for you or your family by purchasing a leaf, stone, or acorn on the Tree of Life.

Plaques in the Sanctuary honor the memory of a loved one.

For more information, contact: Tammy Fascetta in the Temple office.
templeoffice@



Mazal Tov

to our members who are celebrating happy occasions in May!

Join us at Friday Services

July 1 at 6:30 PM

Or July 8 at 7:00 PM

as we offer our wishes for your special day.

Birthdays

Michael Behrendt (4), Holly Grossman (14), Sara Anderson (16), Macy Harris (16), Benjamin Segil (17), Jeffrey Segil (21), Stacey Segil (22), Scott Saltman (22), Mel Liston (23), Stephen Kaplan (28), Amanda Raven (29), Elle Harris (30), Ethel Baker (30)

Anniversaries

Martin & Carole Jaffe (2), Stephen & Maschia Kaplan (6), Sid & Heidi Kotlus (23), Mortin & Nancy Cherim (24),

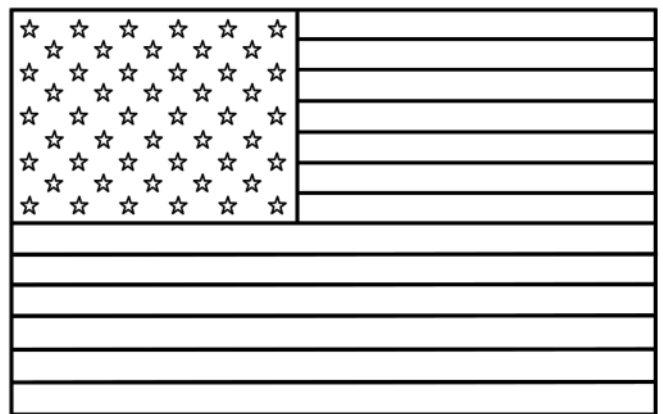
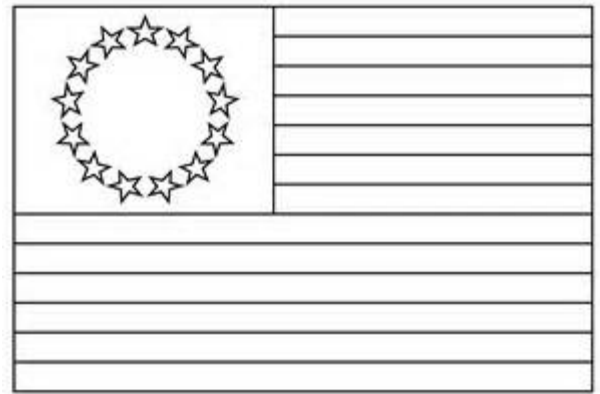
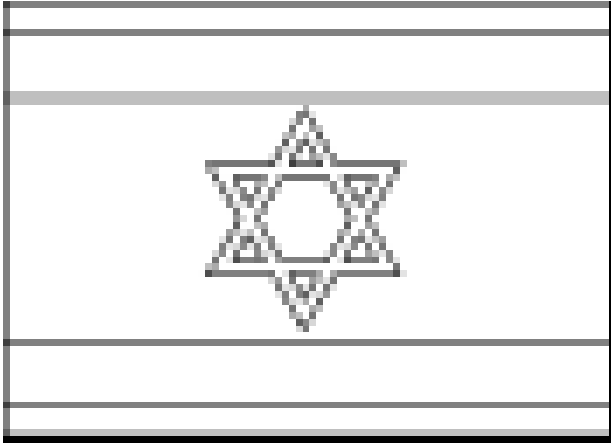
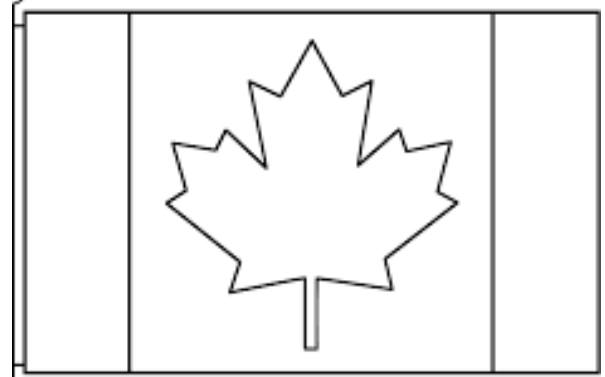
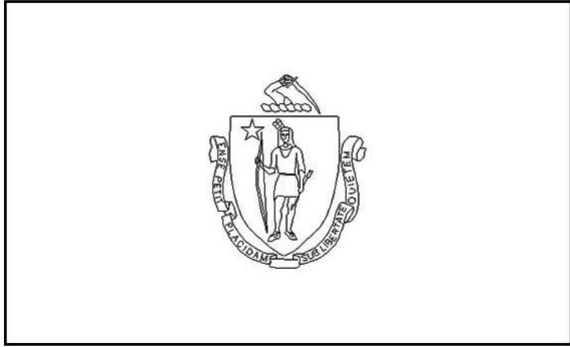


Bat Mitzvah

5776 / 2016

August 13 Elle Harris

ACTIVITIES FOR CHILDREN



Color and label where each flag is from.

Temple Israel in the Community

The Dover Food Pantry

Items can be donated to the Food Pantry any time.

Drop off may done at the Temple.

The Food Pantry is open

Tuesdays 3-5PM and Thursdays 9-11AM

In addition to donations of food and/or personal items

volunteers are always welcome

to help work at the Dover Food Pantry.

Please contact Karen Robichaud

at (603) 749-4235 or blrklr2@aol.com

The Dover SHARE Fund

directly assists local residents with needs that are not met through other

helping agencies,

providing them with shelter

and support for utilities and medical care.

Your support is appreciated!

www.dovershare.org

Dover Friendly Kitchen

MORE VOLUNTEERS NEEDED!!!

PLEASE JOIN THE COMMUNITY!!!

Temple Members help serve dinner at the Dover Friendly Kitchen on the first Tuesday of each month at St. Thomas Church Parish Hall on Locust Street. Temple Israel's time slot needs people to help cook, serve, and clean.

We are there from 3:45 until around 6:15.

Volunteers do not need to come for the whole time.

For more information or to let me know if you plan to attend, please contact me.

We welcome everyone's help!

Thank you!

Andra Welch, Coordinator

abbwelch@yahoo.com or 534-4142

JUNE DONATIONS

All are encouraged to honor the memory of loved ones and/or to offer tributes to friends, relatives and members of the community through a donation Temple funds. We express appreciation to:

GENERAL FUND

David Adelman

in honor of Rachel Saltman's Bat Mitzvah

Patty & Andy Diengott

in memory of Barbara Cherry, Glenyce Kaplan, and Robert Segil

Ethlyne Golub

in memory of Barbara Cherry and Glenyce Kaplan

Carole Krassner

in honor of Helen Lieberman's Bat Mitzvah and in memory of Barbara Cherry, Eve Jandroch, Glenyce Kaplan, Bruce Krassner, and Robert Segil

Alan Nasberg

Rita Novak

in memory of Hyman E. Novak

RABBI'S FUND

Cathi Cherry-Liston

in memory of Barbara Cherry

Lauren and Scott Saltman

in honor of Rachel's Bat Mitzvah

Ethan Zohn & Lisa Heywood Zohn

JULY YAHRZEITS

NOTE: *Yahrzeits are recorded according to the Hebrew date, so the English date will vary from year to year. Kaddish in the Synagogue may be recited on the Shabbat following the date of remembrance.*

It is traditional to make a donation in memory of the Yahrzeit of a loved one. To make a donation, please contact the Temple Office.

Week of July 2: Isadora Greenblatt (26), Max Cooper (27), Daniel Cohen (28), Nathan Schwartz (28), Jerry Smith (28), Simon Bernstein (29), Mariano Rechy (29), Joseph Ambinder (30), Mark Lichtenstein (30)

Week of July 9: Barney Saperstein (5), Robert William Ryder (6), Rose Lechner (6), Ida Hooz (6), Joel Cooperman (7), Selma C. Nasberg (9)

Week of July 16: Gretchen Hughes (11), Max Winer (11), Leonard M. Marcus (11), Barbara Frank O'Leary (11), Helen Meyrowitz (11), Gertrude Kaplan (12), Laurel Silverman (12), Elizabeth Pinn (13), Frances Greene (13), Michael Lechner (13), Fay Brisken (15), Dorothy Davis Gordon (15)

Week of July 23: Clara Saperstein (17), Rabbi Byron T. Rubenstein (18), Lillian Shapiro Horwitz (18), Rochelle Lifson (20), Judee Weiner LaFargue (20), Mary Babson (21), Annie Feinberg (21), Thelma Fishman (22), Goldie Saunders (22), Mae Lillian Evans Ryder (22)

Week of July 30: M. Eleanor Sava (24), Joyce Green (25), Charles Pastor (25), Le Seigson (26), Gladys G. Poucher (28), Dr Martin Leimer (28), Harold Segal (28), Fred Zuckerman (29), Sidney Lane (29)

Week of August 6: Harry Verner (31), Gussie Smokler (31), Seymour Hirsh (31), Pearl Robbins (31), Nancy Denenberg (1), Phyllis Cohen (1), Rose Greenblatt (1), Ruth HonigZeff (2), Jacob Eli Stein (3), Myra Fine (4)

Memorial Wall

Members may add the name of a loved one or reserve a space on the Memorial Wall with a minimum contribution of \$300. Please contact the Temple Office for more information.



Hospital Visits: Please keep us informed!

If you or someone you know will be or is in the hospital please call the Temple office. You can also ask a nurse to see the hospital chaplain, who can call the Temple to let us know that you are there. Rabbi Sam and the Caring Committee of Temple Israel would like to be able to offer support and comfort to you and your family as you may desire.

Temple Israel of Dover

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P. O. Box 254
Dover, N. H. 03821
(603) 742-3976
templeoffice@
dovertemple.org
www.dovertemple.org



Temple Israel is a vibrant Reform Jewish congregation. We welcome all who wish to participate in Jewish study, worship, and fellowship. Our mission is to be a center for Jewish tradition, Shabbat and holiday services and programs, sharing of life-cycle events, opportunities for Jewish education for all ages, connection to Israel, and involvement in the wider Jewish world and support for all who are in need.

Temple Israel is a proud member of the URJ (Union for Reform Judaism) We join with more than 800 congregations in the Reform synagogue movement.

President:
Steve Brody
president@dovertemple.org
Rabbi:
Sam Seicol
rabbisam@dovertemple.org

July 2016

- 01** 6:30 Annual 4th of July Weekend Shabbat Special Service at Wagon Hill Park in Durham
- 02** 10:30 Shabbat Morning Torah Study
- 05** 3:45 Dover Friendly Kitchen volunteer time
- 08** 7:00 Shabbat Service
- 09** 10:30 Shabbat Morning Torah Study
- 15** 6:30 Adult Education – Jewish history, customs, and practices
7:30 Third Friday Shabbat Music & Meditation at POND
- 16** 10:30 Third Saturday Shabbat Service
11:15 Tots and families join for Torah parade & reading
- 22** 7:00 Shabbat Service
- 23** 10:30 Shabbat Morning Torah Study
- 29** 7:00 Shabbat Service
- 30** 10:30 Shabbat Morning Torah Study