

KESHER

Our
Seventy-Eighth
Year!

FROM RABBI SAM

Reform Jewish Spirituality Part 15

Before moving into the “Jewish” part of the this series, it is useful to take a final look back at the November 2015 article supplement. In that article, the spiritual “dimensions” of meaning, value, and purpose were examined. The section that dealt with “value” suggested that, while meaning and purpose are mutable and subjective, human value is the same for each person. The perception of the value of a person, both internally judged and externally projected onto an “other”, is often seen as higher or lower based on the meaning and value of the self or of an “other”.

This article (which can be found in the full form in the Rabbi Study section of the Temple website) reviews the value section and adds a visual representation of the idea of a “spiritual illusion” based on the well known Moller-Franz optical illusion (as depicted in the supplement to this article on the Rabbi Study page of the Temple website).

There are many implications for applying this philosophy of spirituality to counseling and supportive practice. A few of the more salient uses will be dis-

cussed here. The first intervention that presents itself derives from the analogy of the spiritual illusion. When a person’s sense of meaning and purpose (or the vision of opportunities for creating such) become limited or restricted (as through the decrements often associated with aging), either the internally realized or the externally imposed view of the value of the individual may be seen as line “ V_2 ”. A spiritually based intervention to enhance the sense of personal value, rather than working directly on the issues of self-worth and value, would focus on assisting (or challenging) the individual to create new meanings and purposes with the available resources. Positive aging, thus becomes a spiritually based attitudinal process that is available to any person at any age. Some of the oldest and frailest residents in nursing homes appear to have a more hope-filled and positive outlook on their life than do younger elders with fewer losses. These elder “life pioneers” have discovered personal resources that help them either to see past the “illusion” or to choose to see the opportunities for meaning and purpose as moving their lives from line “ V_2 ” to line “ V_1 ”.

Temple Israel Board of Trustees—2016-2017

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KESHER

Kesher, Connection,
is the newsletter
of Temple Israel
Dover, NH.

Ideas for submissions
and/or letters to the editor
may be submitted by
members of the Temple
Israel family and all others
who would like to share
news or information with
the Temple community.

All communication with
the Editor should be by e-
mail. Publication of any
flyer or any other article or
submission is limited by
editorial and space consid-
erations.

The deadline for submis-
sion is the twentieth (20th)
of the month for the fol-
lowing month's issue of
Kesher.

email to:

Rabbi Sam Seicol
rabbisam@dovertemple.org

Shabbat @ Temple Israel

Friday evening services 7:00

Dinners & Adult Ed 6:30

Saturday mornings 10:30

Please note special programs

Friday Nov 4 6:30 Shabbat Dinner / No service
Meat/Vegetarian Pot Luck (No Dairy)

Saturday Nov 5 10:30 Shabbat Torah Study
1:00 Adult Hebrew I

Friday Nov 11 7:00 Friday Shabbat Service

Saturday Nov 12 10:30 Shabbat Torah Study
1:00 Adult Hebrew I

Friday Nov 18 6:30 3rd Friday Adult Education
7:30 Shabbat Music & Meditation

Saturday Nov 19 10:30 Full Shabbat Service

Sunday Nov 20 6:30 Interfaith Thanksgiving
Annual Service at Holy Trinity Lutheran Church

Friday Nov 25 7:00 Friday Shabbat Service

Saturday Nov 26 10:30 Shabbat Torah Study
1:00 Adult Hebrew I

From the Board

Shanna Tova (from Ken Litvak at his Yom Kippur 5777 appeal)

I am still trying to figure out why I volunteered to give this talk. I am not going to make this long — because soon we have to break for lunch. I remember the days going to Synagogue with my grandfather during the holidays. Every once in a while he would give me a little tap on the back of my head, or pull my ear, because I was not paying attention to the boring Yom Kippur appeal.

We are all here to day to pray together and to usher in the New Year. We seek atonement for the sins we have committed over the past year and we pray to be inscribed in the book of life for the coming year. Being here also honors our mothers and fathers and grandparents and the six million who perished — and all who came before us. We also mourn the passing of Shimon Perez who dedicated his life to the country he loved. Their commitment to Judaism is what brought many of us here today and assures the continuation of our religion. By our presence today, we also show that we are part of the greater Jewish community.

From past experience it is never easy to deliver a Yom Kippur appeal. There is a story of a Rabbi, Priest, and Minister discussing how to divide donations between God and the community. The Priest admits that he takes out some for his own shopping and then gives the rest to God. The minister also says he has used some to pay for repairs before giving the money to God. The Rabbi shaking his head, declares that he takes all the money and throws it up in the air. He figures what God wants, He will take.

Everyone has received a little white envelope (more are available in the Temple office). No! We don't want you to throw them up in the air. Instead, take them home and think. Think about what we as Jews stand for. We stand to remember the six million and make sure it never happens again — to anyone. We stand to fight against the raging anti-Semitism on our college campuses and throughout our country and the world. We stand with the Jews in France who, because of terrorism, are afraid to go to High Holy Day services. We stand for Israel and all its people. We stand for equality for all. We stand for world peace. The Prime Minister of Israel ended his New Year wish by saying, "All Jews are responsible for each other; never forget!"

This Temple, this building, this congregation shows that we stand for all these things and more. However, every year hundreds of Synagogues around the country are closing. Do we want to be one of them? So I ask you, please, to give as much as you can. If you cannot make a financial donation, remember Temple service is a donation. To be honest, the Temple is being held together by a handful of dedicated Board members. They are getting tired and frustrated and many good people have resigned from the Board.

I wish they would reconsider.

If you can spare a few hours a month, it would be greatly appreciated.

How else can you help? We have entered into a fund-raiser program with Hannaford Markets. Flyers are available at the Temple. The Temple purchases gift cards from Hannafords at a 5% discount. Thus, for every \$1000 in gift cards you purchase through the Temple, we receive \$50. You have donated without costing you anything. \$3000 in gift cards have already been sold. You can purchase the gift cards by check written to the Temple.

Another way to donate to the Temple is to purchase an acorn or leaf on the Tree of Life. These are currently available at a New Year's 1/2 price. This tree, in the lobby, symbolizes our strength as Jews. When you look at it, you will see the names of elders, peers, and children who have been memorialized and honored.

On behalf of myself, my family, and your Board I want to wish for you and your families and the people of Israel and Jews all around the world a happy and healthy and peaceful New Year.

Am Yisrael Chai — The people of Israel lives.

Ken Litvak Vice President

**THANK YOU TO OUR
ONEG HOSTS**

November

- 04 Pot-Luck (no dairy) Dinner
- 11 Pot Luck – Veterans Day weekend
- 18 Bev and Mike Kahn
- 25 Pot Luck - Thanksgiving weekend

December

- 02 Religious School families 3rd-7th
- 09 Mary Alice Prenaveau
Jo McLean
- 16 Mary and David Kaye
- 23 Pot-Luck - Winter Vacation
- 30 Pot-Luck - Chanukah celebration

ONEG SHABBAT HOSTS

If you are unable to host the Oneg Shabbat on the night assigned to you, please find a substitute by trading with another family from the membership directory. If you need to change your assigned date, please notify **Cathi Cherry-Liston**
603-312-0152, 603-269-4888,
ccherryliston@yahoo.com



Please consider marking special occasions and milestones along the path of life for you or your family by purchasing a leaf, stone, or acorn on the Tree of Life.

Plaques in the Sanctuary honor the memory of a loved one. For more information, contact: the Temple office.

templeoffice@dovertemple.org



Mazal Tov

to our members who are celebrating happy occasions in November!

**Join us at Friday Dinner
November 4 at 6:30 PM
In honor of your special day.**

Birthdays

Dahlia Wechsler 5, Erin Sandler 5,
Helen Segil 7, Derrick Kotlus 13,
Jenny Kaplan 15, Lisa Weinstein19,
Frederick Diengott 20, Jessica Costa 22,
Jeff Pillet-Shore 30

Anniversary

James & Elizabeth Lieberman 1,
Mark & Karen Hiller 5,
Michael & Glicka Kaplan 11
Cathi & Mel Liston 26

**Please Welcome
New Members**

Chagas Felipe

Jo McLean

**Jeffery & Danielle Pillet-Shore
Stella, Leo, and Henry**

Erin Sandler & Owen Emberley



Bat Mitzvah 5777 / 2017

March 25 Eleanor Bolker

Religious School Sponsored Events

Religious School Classes

All are **WELCOME** at all events

November

- | | | |
|-----------|-------------|---|
| 04 | 6:30 | Shabbat evening pot-luck (non-dairy) dinner |
| 06 | 9:30 | Religious School classes (DST ends) |
| 13 | 9:30 | Religious School classes |
| 20 | 9:30 | Religious School classes |
| 27 | | No Religious School classes - Thanksgiving weekend |

December

- | | | |
|-----------|----------------|---|
| 02 | 7:00 PM | First Friday Shabbat Service led by grades 3-7 |
| 04 | 9:30 | Religious School Classes |
| 11 | 9:30 | Religious School Classes |
| 18 | 10:00 | Latke/Sufganiyot Party |
| 25 | | No Religious School Classes - Winter Vacation |

“Toh Dah” from Your Ritual Committee

As our New Year Observance and Days of Atonement linger and sustain us, we'd like to thank our congregants and guests for worshipping together at Temple Israel. Early autumn's warmth carried us through sukkah decorating and Simchat Torah. Prayer, sunshine, family, and friends are forces that can nurture us regardless of the holiday or season.

In advance of the High Holy Days Services last month, we thanked Rabbi Sam, Sisterhood, and the Board of Trustees. This month, the Ritual Committee would like to add the following to our gratitude list: Alan Nasberg for his reliable, inspiring sounding of the shofar, Lynne DeSantis's incredible Torah and Haftarah chanting and translation, Carol Birch's remarkable Torah chanting and translation, Helen Lieberman's amazing violin solos, Alan and Rabbi Sam's grand horn duet, Zoe Albion's stirring Kol Nidre, Sue Horowitz's treasured music and voice, our marvelous choir: Lessa Brill, Lynne DeSantis, Joel Lafargue, Beth and Helen Lieberman, Karen Mott, and Julie Serrano, and Temple Israel members who performed honors.

Our next Ritual Committee meeting is Friday, December 2 at 5:00 PM at Panera's in Dover. Please join us as we review the recent holidays and plan for the upcoming year's events.

L'shalom, Cathi Cherry-Liston 603-312-8152 ccherryliston@yahoo.com



Please Join Us

Annual Interfaith

Thanksgiving Service

Sunday November 20 6:30 PM

Holy Trinity Lutheran Church

22 Fox Run Road, Newington

MONTHLY MEDITATION



**Autumn replaces Summer as colors explode and multiply;
Filling the world with treasures, to be stored and remembered.
All gather and blend with the surety of growth fulfilled;
Though the colors will fade and fall with winter still to arrive,
A vision remains for healing and hope to arise anew.**

Temple Israel in the Community

The Dover Food Pantry

Items can be donated to the Food Pantry any time.

Drop off may done at the Temple.

The Food Pantry is open

Tuesdays 3-5PM and Thursdays 9-11AM

In addition to donations of food and/or personal items

volunteers are always welcome

to help work at the Dover Food Pantry.

Please contact Karen Robichaud

at (603) 749-4235 or blrklr2@aol.com

The Dover SHARE Fund

directly assists local residents with needs that are not met through other

helping agencies,

providing them with shelter

and support for utilities and medical care.

Your support is appreciated!

www.dovershare.org

Dover Friendly Kitchen

MORE VOLUNTEERS NEEDED!!!

PLEASE JOIN THE COMMUNITY!!!

Temple Members help serve dinner at the Dover Friendly Kitchen on the first Tuesday of each month at St. Thomas Church Parish Hall on Locust Street. Temple Israel's time slot needs people to help cook, serve, and clean.

We are there from 3:45 until around 6:15.

Volunteers do not need to come for the whole time.

For more information or to let me know if you plan to attend, please contact me.

We welcome everyone's help!

Thank you!

Andra Welch, Coordinator

abbwelch@yahoo.com or 534-4142

OCTOBER DONATIONS

NOVEMBER YAHRZEITS

All are encouraged to honor the memory of loved ones and/or to offer tributes to friends, relatives and members of the community through a donation Temple funds. We express appreciation to:

General Fund

Carol Birch
Cathi Cherry-Liston
Burt Cohen
Jason Goldstein
Sidney and Heidi Kotlus
George Labovitz
Ken and Bertha Litvack
Peter Pastor
Mary Alice Prenaveau
Jonathan and Jayne Winsor

Music Fund

Andy and Patty Diengott
Michael and Glicka Kaplan

Hospital Visits:

Please keep us informed!

If you or someone you know will be or is in the hospital please call the Temple office. You can also ask a nurse to see the hospital chaplain, who can call the Temple to let us know that you are there. Rabbi Sam and the Temple Israel community would like to be able to offer support and comfort to you and your family as you may desire.

NOTE: *Yahrzeits are recorded according to the Hebrew date, so the English date will vary from year to year. Kaddish in the Synagogue may be recited on the Shabbat following the date of remembrance.*

It is traditional to make a donation in memory of the Yahrzeit of a loved one. To make a donation, please contact the Temple Office.

Week of November 7: Hyman L. Pindrus (2), Burton Golub (2), Bessie Lichten (3), Herbert Cohen (3), Barbara Kates Comenitz (4), James Bockman (6), Alexander Willens (6), Herman Seperson (6), Morris Fine (6), Barney Grossman (7)

Week of November 14: Seymour Osman (9), Martha Magerer (11), Sadie Cook (13), Katherine H. Edelstein (13), Gerald Fine (13)

Week of November 21: Abraham Fisher (21), Frances Anderson (15), Bessie W. Young (16), Eileen Platania (16), Gussie Flescher (17), Julius Weiner (17), Richard Rowe (19), BaurcardNesin (19), Fannie Krasnow (19), Barnett H. Book (20), PieretteZinck (21)

Week of November 28: Faye Shear (22), Lawrence Felsenberg (22), Edward Seperson (22), Lillian Smith (23), Ruth E. Fain (24), Mildred Lane (25), Newton B. Cohn (26), Joseph P Giffen (28)

Week of December 5: Sarah Zirpolo (29), Morris Levy (30), Sidney Zeff (30), StatiaNesin (30), Arnold M. Baer (1), Morris Isacoff (2), DavidaGelfman (3), Selma J. Nasberg (3), Deborah Most (4)

Memorial Wall

Members may add the name of a loved one or reserve a space on the Memorial Wall with a minimum contribution of \$300. Please contact the Temple Office for more information.



Temple Israel of Dover

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P. O. Box 254
Dover, N. H. 03821
(603) 742-3976
templeoffice@
dovertemple.org
www.dovertemple.org



Temple Israel is a vibrant Reform Jewish congregation. We welcome all who wish to participate in Jewish study, worship, and fellowship. Our mission is to be a center for Jewish tradition, Shabbat and holiday services and programs, sharing of life-cycle events, opportunities for Jewish education for all ages, connection to Israel, and involvement in the wider Jewish world and support for all who are in need.

Temple Israel is a proud member of the URJ (Union for Reform Judaism) We join with more than 800 congregations in the Reform synagogue movement.

President:
Steve Brody
president@dovertemple.org
Rabbi:
Sam Seicol
rabbisam@dovertemple.org
Temple Office
TempleOffice@dovertemple.org

November 2016

- 04** 6:30 Shabbat Meat/Vegetarian (No Dairy) Dinner
- 05** 10:30 Shabbat Morning Torah Study
11:30 Adult Hebrew I – Learn to read Hebrew
DST ends 2:00 AM – “Fall Back”
- 06** 9:30 Religious School Classes
- 11** 7:00 Shabbat Service
- 12** 10:30 Shabbat Morning Torah Study
11:30 Adult Hebrew I – Learn to read Hebrew
- 13** 9:30 Religious School Classes
- 18** 6:30 Adult Education – Jewish customs and practices
7:30 Third Friday Shabbat Music & Meditation
- 19** 10:30 Third Saturday Shabbat Service
- 20** 9:30 Religious School Classes
6:30 Annual Interfaith Thanksgiving Service
Holy Trinity Lutheran Church 22 Fox Run Road Newington
- 25** 7:00 Shabbat Service
- 26** 10:30 Shabbat Torah Study
11:30 Adult Hebrew I – Learn to read Hebrew
- 27** No Religious School Classes – Thanksgiving weekend