

KESHER

Our
Seventy-Seventh
Year!

FROM RABBI SAM

Reform Jewish Spirituality Part 14

Much more can be gleaned and applied to interpersonal relationships and spiritual awareness from analyzing the two models of human spirituality. For the purpose of the overall series on Reform Jewish Spirituality, however, the final step will be to analyze the way pathways of the same color relate to each other. As alluded to in the end of last month's article, opposite pathways have the greatest level of influence between internal and external processes.

The relationship between same colors is in the most dynamic tension. This can be seen by analogy with either a balance scale or a spring scale. In the first case the relationship would be one of balance and a sense of mutual reinforcement. In the latter, it can be seen that the one pathway creates tension and imbalance. Either or both might be operative at any given time for any of the pathway systems. When the first is operative, an increase in power or force of intensity in one can create greater spiritual function and harmony in the other. When the latter is the working form, dysfunction and stress may be the result.

By way of one brief example, take the interplay between the person sense of physical self and the role of spiritual family. It is within the family system that physical boundaries are most immanent. When the boundaries are both respected and celebrated, the spiritual power

and enhancement of the individual's sense of physical well-being and strength can be seen to increase with the physical proximity of the members of this relational nexus. When, however, the physical boundaries of the individual are transgressed by any member or members of the family system, the spiritual stress can be much greater than a similar transgression from a member of any of the other external groups.

Similar examples can be found in the other same color relationships. The sexual self is in most dynamic tension connected to religious/communal systems. This can be seen in the way sexual relations as either positive or negative are most frequently and forcefully determined through religious or communal based systems. It is at the level of the society or culture that biases and other emotional responses are most active. Nationalism, national holiday observances and celebrations, sports team favoritism, and other such examples can demonstrate the ways in which a spiritual energy can be generated for individuals through a social of cultural setting. Finally, the cognitive or intellectual portion of human awareness and activity, finds a relational connection and output in global systems.

The "Wheel" as an enhancement and supplement to the "Bagel" carries more than has been touched on; but is sufficient to move to the next step of the topic of this series.

Next month, Jewish spirituality.

Temple Israel Board of Trustees—2016-2017

Steve Brody, President
Marc Sklar, Treasurer

Ken Litvak, Vice President
Cathi Cherry-Liston, Secretary

Jessica Bolker, Melissa Brahms, Andy Diengott,
Carole Krassner, Peter Pastor, Julie Serrano

Stacey Segil & Karen Mott, Sisterhood Representatives
Noah Albion & Nathan Pastor, COASTY Representatives

KESHER

Kesher, Connection,
is the newsletter
of Temple Israel
Dover, NH.

Ideas for submissions
and/or letters to the editor
may be submitted by
members of the Temple
Israel family and all others
who would like to share
news or information with
the Temple community.

All communication with
the Editor should be by e-
mail. Publication of any
flyer or any other article or
submission is limited by
editorial and space consid-
erations.

The deadline for submis-
sion is the twentieth (20th)
of the month for the fol-
lowing month's issue of
Kesher.

email to:

Rabbi Sam Seicol
rabbisam@dovertemple.org

Shabbat @ Temple Israel

Friday evening services 7:00

Saturday mornings 10:30

*Please note there are special
High Holy Day service times*

(See page 3)

Sat Oct 1 10:30 Shabbat Torah Study

Sun Oct 1 — Tue Oct 4 Rosh Hashanna Services

Fri Oct 7 7:00 Shabbat Shuva Service

Sat Oct 8 10:30 Shabbat Shuva Torah Study

Tue Oct 11 — Wed Oct 12 Yom Kippur

Fri Oct 14 6:30 Friday Adult Education

7:30 Shabbat Music & Meditation

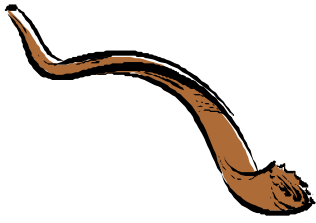
Sat Oct 15 No Shabbat morning service or Study

Fri Oct 21 7:00 Special Shabbat in the Sukkah

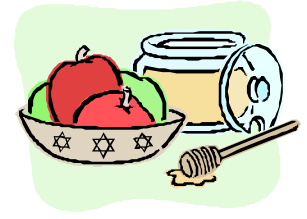
Sat Oct 22 10:30 Shabbat/Sukkot Torah Study

Fri Oct 28 7:00 Shabbat Service

Sat Oct 29 10:30 Shabbat Torah Study



Join us for The High Holy Days



Members in good standing at Temple Israel of Dover receive complimentary attendance tickets for all household members at all High Holy Day services.

Members of other URJ Synagogues visiting in Dover may request a reciprocity admission letter, from the home congregation, for complimentary attendance tickets.

Non-members are welcome to attend for a minimum donation of \$180 per adult or \$320 per couple. College students are welcome to attend at no charge but a suggested donation of at least \$18 is appreciated.

No one is turned away for financial reasons. If there are financial concerns, please contact the Finance Committee Chair for a confidential arrangement.

For more information please call (603) 742-3976, email templeoffice@dovertemple.org, or write us at PO Box 254 Dover, NH 03820.

5777 High Holy Day Services October 2016

Donations to the High Holy Day Music Fund welcome

Rosh HaShannah

- | | | | |
|----------|---------------------|---------------|---|
| 2 | 11:00 - Somersworth | 12:00 - Dover | Pre-High Holy Day Cemetery Services |
| | 8:00 | | Rosh Hashanna Evening Service |
| | | | <i>Rosh Hashanna Oneg – sponsored by the Temple Board</i> |
| 3 | 10:00 | | Rosh Hashanna Morning Service |
| | 12:00 | | Rosh Hashanna Tashlich and Family Service at the pond |
| 4 | 11:00 | | 2nd Day Rosh Hashanna: Meditation, Music, and Healing Service |
| | 12:00 | | Rosh Hashanna pot luck brunch |

Shabbat Shuvah

- | | | |
|----------|-------|------------------------------|
| 7 | 7:00 | First Friday Evening Service |
| 8 | 10:30 | Shabbat Shuvah Torah Study |

Yom Kippur

- | | | |
|-----------|-------|---|
| 11 | 8:00 | Yom Kippur Evening Service – Kol Nidre |
| 12 | 10:00 | Yom Kippur Morning Service |
| | 1:30 | Yom Kippur Family Service |
| | 3:00 | Yom Kippur Study Program |
| | 4:00 | Yom Kippur Afternoon / Yizkor / Concluding Services |

*Pot-Luck Break the Fast following the Concluding Service – coordinated by the Sisterhood
Please volunteer to set up and/or clean up;*

Or bring a non-meat main dish, non-meat casserole, dessert, or drinks

THANK YOU ONEG HOSTS

October

- 7 Pot-luck—Columbus Day weekend
- 14 DeeDee & David Goldstein
- 21 Rita & Stan Robbins
- 28 Lynne DeSantis
Joel Lafargue

November

- 4 Pot-Luck (no dairy) Dinner
- 11 Pot Luck –Veterans Day weekend
- 18 Bev and Mike Kahn
- 25 Pot Luck—Thanksgiving weekend

ONEG SHABBAT HOSTS

If you are unable to host the Oneg Shabbat on the night assigned to you, please find a substitute by trading with another family from the membership directory. If you need to change your assigned date, please notify: **Cathi Cherry-Liston**
603-312-0152, 603-269-4888,
ccherryliston@yahoo.com



Please consider marking special occasions and milestones along the path of life for you or your family by purchasing a leaf, stone, or acorn on the Tree of Life.

Plaques in the Sanctuary honor the memory of a loved one.

For more information, contact: Tammy Fascetta in the Temple office.
templeoffice@



Mazal Tov

to our members who are celebrating happy occasions in September!

**Join us at Friday Services
 October 7 at 7:00 PM
 as we offer our wishes for
 your special day.**

Birthdays

- Aaron Williams (1), Samantha Weinstein (3),
 Belle Giguere (5), Marc Hiller (6),
 Alan Wolff (15), Jeremy Giguere (21),
 Carole Krassner (22), Emily Behrendt (26),
 Ken Litvack (29), Bertha Litvack (26)

**Please join us especially for
 Festival Sundays**

**October 16 10:00
 Sukkah Decorating,
 Blessings, and Food**

**October 23 10:00
 Simhat Torah
 View the entire Torah**



Bat Mitzvah 5777 / 2017

March 25 Eleanor Bolker

**Religious School
Welcome to the New Year**

All are WELCOME

October

- 2** No Religious School classes - Morning of Rosh Hashanna
- 9** No Religious School classes - Columbus Day weekend
- 16** 10:00-11:00 Community Sukkah decorating and party
- 23** 10:00-11:00 Community Simhat Torah celebration
- 30** 9:30 Religious School classes

November

- 04** 6:30 Shabbat evening pot-luck (non-dairy) dinner
- 06** 9:30 Religious School classes (DST ends)
- 13** No Religious School classes - Veterans Day weekend
- 20** 9:30 Religious School classes
- 27** No Religious School classes - Thanksgiving weekend

Temple Israel in the Community

The Dover Food Pantry

Items can be donated to the Food Pantry any time.
Drop off may done at the Temple.

The Food Pantry is open
Tuesdays 3-5PM and Thursdays 9-11AM

In addition to donations of food and/or personal items volunteers are always welcome to help work at the Dover Food Pantry. Please contact Karen Robichaud at (603) 749-4235 or blrklr2@aol.com

The Dover SHARE Fund

directly assists local residents with needs that are not met through other helping agencies, providing them with shelter and support for utilities and medical care.

Your support is appreciated!

www.dovershare.org

Dover Friendly Kitchen

**MORE VOLUNTEERS NEEDED!!!
PLEASE JOIN THE COMMUNITY!!!**

Temple Members help serve dinner at the Dover Friendly Kitchen on the first Tuesday of each month at St. Thomas Church Parish Hall on Locust Street. Temple Israel's time slot needs people to help cook, serve, and clean.

We are there from 3:45 until around 6:15.

Volunteers do not need to come for the whole time.

For more information or to let me know if you plan to attend, please contact me. We welcome everyone's help!

Thank you!

Andra Welch, Coordinator

abbwelch@yahoo.com or 534-4142

Bereavement Support Groups by Rockingham VNA & Hospice

September 12 through October 18

Afternoon and Evening groups are planned

Free but at least 4 must pre-register for a group to be held. For more information and for locations contact Dick Munsey or Molly Brewer (603) 772-2981

SEPTEMBER DONATIONS

All are encouraged to honor the memory of loved ones and/or to offer tributes to friends, relatives and members of the community through a donation Temple funds. We express appreciation to:

General Fund

Warren Goldblatt &
Pamela Schultze-Goldblatt
Elizabeth Smally & Amare Cantare
Carole Krassner -
In honor of Elle Harris' Bat Mitvah
and the Religious School Ad

HHD Music Fund

Cathi Cherry-Liston
Patty and Andy Diengott
Jim and Beth Lieberman
Ken and Bertha Litvack
Jeff and Stacey Segil

Hospital Visits:

Please keep us informed!

If you or someone you know will be or is in the hospital please call the Temple office. You can also ask a nurse to see the hospital chaplain, who can call the Temple to let us know that you are there. Rabbi Sam and the Caring Committee of Temple Israel would like to be able to offer support and comfort to you and your family as you may desire.

OCTOBER YAHRZEITS

NOTE: *Yahrzeits are recorded according to the Hebrew date, so the English date will vary from year to year. Kaddish in the Synagogue may be recited on the Shabbat following the date of remembrance.*

It is traditional to make a donation in memory of the Yahrzeit of a loved one. To make a donation, please contact the Temple Office.

Week of October 1: Hugo Dieterich (25), Judith Olson (26), Joseph Karol (26), Sandra Proud (26), Helga Burby (26), Philip Verner (27), Charles Kram (29), Martin Karelitz (30) Isadore Kotlus (30)

Week of October 8: William Baer (3), Nancy S. Hernandez (3), Suzanne Rubenstein (4), Bernard Cooperman (5), Leonard Lane (5), Joseph M. Baer (5)

Week of October 15: Sarah Edelstein (12), Mark Shor (12), Gertrude Fine (13), Doris Stocklan (13), Gerald Landgarten (13), Julius Berenson (13), Peter Solomon (13)

Week of October 22: Louis Golub (16), Alec Cohen (18), Rachel Beaupre (19), Debbie Ginsburg (21), Jack Briskin (22), Lawrence H. Barrows (23), Dorothy Cohen (23), Irene Torf (23)

Week of October 29: Michael Pines (24), Samuel K. King (24), Jack JackGotz (24), Lena Bernstein (25), Margaret Jacoby (26), Sylvia Seperson (28), Alex Seigel (29), Martha Shuldman (29)

Week of November 5: Edward Black (30), Charles Schwatz (30), Clara R. Fisher (30), Gregory Parsons (30), Sherry Parsons (30), Henrietta Banner Abeles (30), Gussie Shutzer (30), Louis Cohen (31), Evangelos Kontarinis (31), Patrick Zirpolo (31), Boris Traven (31), Gloria LoPatin (31), Marc Goldsmith (31), Jakki Wiese (1), Norman Stein (1), Leon Hirsh (2), JanetteKrasin (3), Thelma R. Hooz (3), William Gross (4), Alice Weismann (5), Bennie Davis (5)

Memorial Wall

Members may add the name of a loved one or reserve a space on the Memorial Wall with a minimum contribution of \$300. Please contact the Temple Office for more information.



**Temple Israel
of Dover**

36 Olive Meadow lane
P. O. Box 254
Dover, N. H. 03821
(603) 742-3976
templeoffice@
dovertemple.org
www.dovertemple.org



Temple Israel is a vibrant Reform Jewish congregation. We welcome all who wish to participate in Jewish study, worship, and fellowship. Our mission is to be a center for Jewish tradition, Shabbat and holiday services and programs, sharing of life-cycle events, opportunities for Jewish education for all ages, connection to Israel, and involvement in the wider Jewish world and support for all who are in need.

Temple Israel is a proud member of the URJ (Union for Reform Judaism) We join with more than 800 congregations in the Reform synagogue movement.

President:
Steve Brody
president@dovertemple.org
Rabbi:
Sam Seicol
rabbisam@dovertemple.org

October 2016

- 01 10:30 Shabbat Morning Torah Study
- 02 11:00 High Holy Day Cemetery Service - Somersworth
12:00 High Holy Day Cemetery Service - Dover
8:00 Rosh Hashanna Evening Service
- 03 10:00 Rosh Hashanna Morning Service
12:00 Tashlich and Family Service at the Pond
- 04 11:00 Rosh Hashanna 2nd Day Music and Meditation
12:00 Rosh Hashanna 2nd Day Pot Luck Lunch
3:45 Dover Friendly Kitchen volunteer time
- 07 7:00 Shabbat Shuvah Service
- 08 10:30 Shabbat Shuvah Morning Torah Study
- 09 No Religious School Classes – Columbus Day Weekend
- 11 8:00 Yom Kippur Evening Service – Kol Nidre
- 12 10:00 Yom Kippur Morning Service
1:30 Yom Kippur Family Service
3:00 Yom Kippur Study Program
4:00 Yom Kippur Afternoon/Yizkor/Ne’ila Services
- BREAK THE FAST FOLLOWING THE FINAL SHOFAR**
- 14 6:30 Adult Education – Jewish history and customs
7:30 Shabbat Music & Meditation
- 15 No Saturday Morning Service or Torah Study
- 16 10:00 Community Sukkah Decorating
- 21 7:00 Shabbat/Sukkot Service in the Sukkah
- 22 10:30 Shabbat/Sukkot Morning Torah Study in the Sukkah
- 23 10:00 Community Simhat Torah Celebration
- 28 7:00 Shabbat Service
- 29 10:30 Shabbat Morning Torah Study
- 30 9:30 Religious School Classes