

KESHER

FROM RABBI SAM

Reform Jewish Spirituality Part 13

To begin to actually explore the various possible implications and applications of the “Wheel” (as depicted in the July to September Rabbi articles on the Temple Israel website), first view the right side or internal pathways. The apparently firm boundaries between each color should be thought of as a blending and overlapping of the colors.

The pathways are arranged from top to bottom as a progression from the animal nature of the human condition to the most human area of spiritual concern. The terms are derived from perceptual definitions and are comparable in the spiritual realm. The main difference is that the perceptual pathways become spiritual pathways only to the extent that they meet the criteria of spiritual practice (i.e., the creation of meaning and purpose processes for the person and the sense of mutual affirmation and support in interpersonal relationships).

Pathways can affect and be affected most strongly by the adjacent pathways. Each person, at various times in the life cycle, may be more or less influenced by and connected to spiritual enhancement by different pathways and the possible combinations and interplay of them.

While these are listed on the internal side of the “Wheel”, they are not strictly bound only to individual processes or isolated from any contact with others. They derive from and

within the individual and are defined and experienced by the spiritual self. Spiritual connection or uplift is certainly available with others through physical activities, shared sexual relations, various emotional interactions, or cognitive exercises; but the spiritual experience is still personal.

The internal pathways of spiritual connection are not quantitatively ranked or different in their potential power for a given individual. For the left side or external side, however, the potential power of one to one relationships decreases as one moves up the pathways from the bottom to the top. The potential power of a pathway on the left side, however, does not diminish and is no more quantitatively ranked than is the right side. This derives from the fact that the number of “others” in each pathway can increase from bottom to top.

The left side of the “Wheel” can be related to the spiral arm of the “Bagel” model as demonstrated in earlier articles of this series. The “spousal” connection from the “Bagel” model can be viewed as a subset (and most proximate) part of the “Family” pathway in the “Wheel”.

The final basic structure of the “Wheel” to be discussed in this initial view of the “Wheel” is the power and form of the interactions between pathways of the same color but diametrically opposed to each other. The idea of opposition as either a positive or a negative aspect of spirituality will be the topic in October.

Temple Israel Board of Trustees—2016-2017

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KESHER

Kesher, Connection,
is the newsletter
of Temple Israel
Dover, NH.

Ideas for submissions
and/or letters to the editor
may be submitted by
members of the Temple
Israel family and all others
who would like to share
news or information with
the Temple community.

All communication with
the Editor should be by e-
mail. Publication of any
flyer or any other article or
submission is limited by
editorial and space consid-
erations.

The deadline for submis-
sion is the twentieth (20th)
of the month for the fol-
lowing month's issue of
Kesher.

email to:
Rabbi Sam Seicol
rabbisam@dovertemple.org

Shabbat @ Temple Israel

Friday evening services 7:00

Saturday mornings 10:30

Please note special programs

Fri Sept 2 6:30 Meat/Veg Pot-luck Dinner

Sat Sept 3 10:30 Shabbat Torah Study
11:30 HHD Choir rehearsal

Fri Sept 9 7:00 Shabbat Service

Sat Sept 10 10:30 Shabbat Torah Study
11:30 HHD Choir rehearsal

Fri Sept 16 4:00 Challah Baking activity
7:00 Lay led Shabbat Service

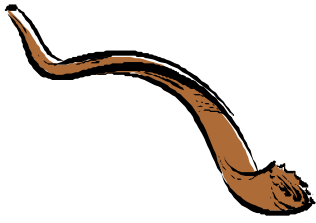
Sat Sept 17 No Shabbat morning service or Study

Fri Sept 23 7:00 Special Shabbat Program
See Page 10

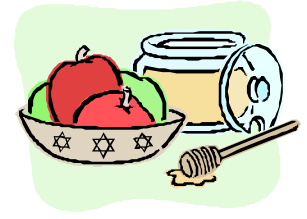
Sat Sept 24 10:30 Full Shabbat Service & Torah
11:30 HHD Choir rehearsal

Fri Sept 30 7:00 Shabbat Service

Sat Oct 1 10:30 Shabbat Torah Study



Time to think about The High Holy Days



Members in good standing at Temple Israel of Dover receive complimentary attendance tickets for all household members at all High Holy Day services.

Members of other URJ Synagogues visiting in Dover may request a reciprocity admission letter, from the home congregation, for complimentary attendance tickets.

Non-members are welcome to attend for a minimum donation of \$180 per adult or \$320 per couple. College students are welcome to attend at no charge but a suggested donation of at least \$18 is appreciated.

No one is turned away for financial reasons. If there are financial concerns, please contact the Finance Committee Chair for a confidential arrangement.

For more information please call (603) 742-3976, email templeoffice@dovertemple.org, or write us at PO Box 254 Dover, NH 03820.

5777 High Holy Day Services October 2016

Donations to the High Holy Day Music Fund welcome

To participate in services please contact

Cathi Cherry-Liston (603)312-8152 ccherryliston@yahoo.com

Rosh HaShannah

- | | |
|----------|---|
| 2 | 11:00 - Somersworth 12:00 - Dover Pre-High Holy Day Cemetery Services |
| | 8:00 Rosh Hashanna Evening Service |
| | <i>Rosh Hashanna Oneg – sponsored by the Temple Board</i> |
| 3 | 10:00 Rosh Hashanna Morning Service |
| | 12:00 Rosh Hashanna Tashlich and Family Service at the pond |
| 4 | 11:00 2nd Day Rosh Hashanna: Meditation, Music, and Healing Service |
| | 12:00 Rosh Hashanna pot luck brunch |

Shabbat Shuvah

- | | |
|----------|--|
| 7 | 7:00 First Friday Evening Service |
| 8 | 10:30 Shabbat Shuvah Torah Study |

Yom Kippur

- | | |
|-----------|---|
| 11 | 8:00 Yom Kippur Evening Service – Kol Nidre |
| 12 | 10:00 Yom Kippur Morning Service |
| | 1:30 Yom Kippur Family Service |
| | 3:00 Yom Kippur Study Program |
| | 4:00 Yom Kippur Afternoon / Yizkor / Concluding Services |

*Pot-Luck Break the Fast following the Concluding Service – coordinated by the Sisterhood
Please volunteer to set up and/or clean up;*

Or bring a non-meat main dish, non-meat casserole, dessert, or drinks

THANK YOU ONEG HOSTS

September

- 2 Pot-Luck (no dairy) Dinner
- 9 Nancy & Mort Cherim
- 16 Alan Nasberg
Challah Baking at 4:00
- 23 Sisterhood
- 30 Marc Sklar

October

- 7 Pot-luck—Columbus Day weekend
- 14 DeeDee & David Goldstein
- 21 Steve Goren
Rita & Stan Robbins
- 28 Lynne DeSantis
Joel Lafargue

ONEG SHABBAT HOSTS

If you are unable to host the Oneg Shabbat on the night assigned to you, please find a substitute by trading with another family from the membership directory. If you need to change your assigned date, please notify:

Cathi Cherry-Liston
603-312-0152, 603-269-4888,
ccherryliston@yahoo.com



Please consider marking special occasions and milestones along the path of life for you or your family by purchasing a leaf, stone, or acorn on the Tree of Life.

Plaques in the Sanctuary honor the memory of a loved one.

For more information, contact: Tammy Fascetta in the Temple office.
templeoffice@



to our members who are celebrating happy occasions in September!

**Join us at Friday Dinner
September 2 at 6:30 PM
as we offer our wishes for
your special day.**

Birthdays

- James Lieberman (2), Joshua Harris (4), Stan Robbins (6), Pamela Giguere (7), TaliCherim (7), Lilah Cherim (7), Nori Wechsler (7), Liza Behrendt (9), Edward Lieberman (15), Juliette Diengott (19), Jill Schoonmaker (19), Matthew Segil (22), Mike Robbins (24), Michael Krassner (28), Molly Flagg (28),

Anniversaries

- Stan & Rita Robbins (4), Jill & William Schoonmaker (6), Zachariah & Kristen Nobel (28)

**Please join us especially for
September 11
Boston Trip
September 23
Special Shabbat Evening**



Bat Mitzvah 5777 / 2017

March 25 Eleanor Bolker

Religious School

Welcome to the New Year

All are **WELCOME**

September

11	11:15 — 2:30	Opening Day — Community Trip
	11:15-12:15	Jewish History of the North end of Boston
	13:00-14:30	Kosher Lunch in Brookline
18	9:30	Religious School classes
25	9:30	Religious School classes

October

2	No Religious School classes - Morning of Rosh Hashanna	
9	No Religious School classes - Columbus Day weekend	
16	10:00-11:00	Community Sukkah decorating and party
23	10:00-11:00	Community Simhat torah celebration
30	9:30	Religious School classes

OUR 5776 HIGH HOLIDAY MUSIC FUNDRAISER CONTINUES!

IT IS AGAIN TIME TO PLAN FOR OUR ABILITY TO PROVIDE QUALITY PROFESSIONAL MUSIC FOR THE ROSH HASHANNAH AND YOM KIPPUR SERVICES. YOUR DONATION OF ANY AMOUNT IS TRULY APPRECIATED.

PLEASE SEND YOUR MUSIC FUND DONATION TO: *TEMPLE ISRAEL MUSIC FUND*, PO BOX 254, DOVER, NH 03821

PLEASE NOTE THAT OUR CONGREGATIONAL MUSICIANS AND CHOIR WILL ALSO PROVIDE SPECIAL MUSIC FOR THE HIGH HOLY DAY SERVICES. ALL ARE WELCOME TO JOIN IN – REHEARSALS DATES AND TIMES ARE LISTED ON THE TEMPLE CALENDAR ON THE WEBSITE..

PLEASE CONTACT RABBI SAM FOR MORE INFORMATION.

Dear Fellow Congregants,

The Ritual Committee is in the process of planning for our High Holy Days. If you would like to participate in one of the services, please contact me. There are Hebrew and English readings and aliyot. Non-speaking honors include opening the ark, returning the Torah to the ark, and holding, carrying and/or lifting the Torah.

Below are the service dates and times when honors are available. (*These do not include Cemetery Service, Family and Tashlich Services. See page 3 and the October Calendar for a complete schedule at www.dovertemple.org*)

Please contact me via email or phone. Thank you so much.

Sun. 10/2 8:00 PM Erev Rosh Hashanna

Mon. 10/3 10:00 AM RH Morning

Tues. 10/11 8:00 PM Kol Nidre

Wed. 10/12 10:00 AM YK Morning

Our music leader for Rosh Hashanna and Yom Kippur Services will again be Sue Horowitz. Zoe Albion will solo for Kol Nidrei.

L'shalom,

Cathi Cherry-Liston

(C) 603-312-8152

ccherryliston@yahoo.com

ACTIVITIES FOR CHILDREN

September 2016 (Elul 5776)

SUN	MON	TUE	WED	THU	FRI
4	5	6	7	8	9
11	12	13	14	15	16
18	19	20	21	22	23
25	26	27	28	29	30



Color in each day for sounding the Shofar

The Shofar is traditionally blown Sunday to Friday mornings in the month of Elul

Temple Israel in the Community

The Dover Food Pantry

Items can be donated to the Food Pantry any time.
Drop off may done at the Temple.

The Food Pantry is open
Tuesdays 3-5PM and Thursdays 9-11AM

In addition to donations of food and/or personal items volunteers are always welcome to help work at the Dover Food Pantry. Please contact Karen Robichaud at (603) 749-4235 or blrklr2@aol.com

The Dover SHARE Fund

directly assists local residents with needs that are not met through other helping agencies, providing them with shelter and support for utilities and medical care.

Your support is appreciated!

www.dovershare.org

Dover Friendly Kitchen

**MORE VOLUNTEERS NEEDED!!!
PLEASE JOIN THE COMMUNITY!!!**

Temple Members help serve dinner at the Dover Friendly Kitchen on the first Tuesday of each month at St. Thomas Church Parish Hall on Locust Street. Temple Israel's time slot needs people to help cook, serve, and clean.

We are there from 3:45 until around 6:15.

Volunteers do not need to come for the whole time.

For more information or to let me know if you plan to attend, please contact me. We welcome everyone's help!

Thank you!

Andra Welch, Coordinator

abbwelch@yahoo.com or 534-4142

Bereavement Support Groups by Rockingham VNA & Hospice

September 12 through October 18

Afternoon and Evening groups are planned

Free but at least 4 must pre-register for a group to be held. For more information and for locations contact Dick Munsey or Molly Brewer (603) 772-2981

AUGUST DONATIONS

SEPTEMBER YAHRZEITS

All are encouraged to honor the memory of loved ones and/or to offer tributes to friends, relatives and members of the community through a donation Temple funds. We express appreciation to:

Rabbi's Fund

Lauren and Jonathan Harris
in appreciation of support for
Elle's Bat Mitzvah

HHD Music Fund

Rita Novak
Carole Krassner

Hospital Visits:

Please keep us informed!

If you or someone you know will be or is in the hospital please call the Temple office. You can also ask a nurse to see the hospital chaplain, who can call the Temple to let us know that you are there. Rabbi Sam and the Caring Committee of Temple Israel would like to be able to offer support and comfort to you and your family as you may desire.

NOTE: *Yahrzeits are recorded according to the Hebrew date, so the English date will vary from year to year. Kaddish in the Synagogue may be recited on the Shabbat following the date of remembrance.*

It is traditional to make a donation in memory of the Yahrzeit of a love one. To make a donation, please contact the Temple Office.

Week of September 3: Alice Cohen (28), William Hymanson (29), Virginia Lipman (31), Pearl Edwards (31), Sidney Robbins (31), Mollie Grossman (1), Auxlia Marie Nye (1), Murray Daniels (3), Ruth Goldman (3)

Week of September 10: Eva Pastor (4), Esther Weinstein (5), Marvin Poster (6), Samuel Sibulkin (7), Judah Wise (7), William Kleinhandle (8), Robert Dick (9), Betty Doris Kates (9), Krissy Yanofsky (10)

Week of September 17: Dyna Dykerman (11), Mary Nicole (11), George Nielsen (11), Arthur Yaffee (11), Myer Saunders (12), Samuel Goldstein (12), Charles Zinck (12), Nathan Issokson (12), Fredrick L. Diengott (13), Harry Stein (13 John Talisman (15), Barbara Alperin (16), Joseph Jalbert (17), Barbara O'Connor (17)

Week of September 24: William Olney (18), Ray Alterman (18), Selma Odell (18), Martin Erwin Cohen (18), Matthew Fleece (19), Michael Youngfellow (19), Samuel Kramer (20), Hilda Rutstein (20), Aaron Ginsburg (24), Sadie Liebson (24)

Week of October 1: Hugo Dieterich (25), Judith Olson (26), Joseph Karol (26), Sandra Proud (26), Helga Burby (26), Philip Verner (27), Charles Kram (29), Martin Karelitz (30) Isadore Kotlus (30)

Memorial Wall

Members may add the name of a loved one or reserve a space on the Memorial Wall with a minimum contribution of \$300. Please contact the Temple Office for more information.



Temple Israel of Dover

36 Olive Meadow lane
P. O. Box 254
Dover, N. H. 03821
(603) 742-3976
templeoffice@
dovertemple.org
www.dovertemple.org



Temple Israel is a vibrant Reform Jewish congregation. We welcome all who wish to participate in Jewish study, worship, and fellowship. Our mission is to be a center for Jewish tradition, Shabbat and holiday services and programs, sharing of life-cycle events, opportunities for Jewish education for all ages, connection to Israel, and involvement in the wider Jewish world and support for all who are in need.

Temple Israel is a proud member of the URJ (Union for Reform Judaism) We join with more than 800 congregations in the Reform synagogue movement.

President:
Steve Brody
president@dovertemple.org
Rabbi:
Sam Seicol
rabbisam@dovertemple.org

September 2016

- 02** 6:30 Shabbat Meat/Vegetarian (No Dairy) Dinner
- 03** 10:30 Shabbat Morning Torah Study
11:30 High Holy Day Musicians rehearsal
- 06** 3:45 Dover Friendly Kitchen volunteer time
- 09** 5:00 Ritual Committee meeting at Panera Dover (all welcome)
7:00 Shabbat Service
- 10** 10:30 Shabbat Morning Torah Study
11:30 High Holy Day Musicians rehearsal
- 11 11:15 – 2:30 Day trip to Explore areas of Jewish Boston Religious School Sponsored Community Event Explore the Jewish History of the North End followed by Kosher lunch in Brookline – Flyer is on the website**
- 16** 4 :00 Challah baking
7:00 Lay Led Service
- 17** 10:30 No Shabbat Service or Torah Study
- 18** 9:30 Religious School Classes
- 23 7:00 Special Shabbat Program Intercession for Humanity – a multimedia program By Dirkje Frieda Legerstee in tribute to Anja Legerstee**
- 24** 10:30 Full Shabbat Service
11:15 Tots and families join for Torah parade & reading
11:30 High Holy Day Musicians – Final rehearsal
- 25** 9:30 Religious School Classes
- 30** 7:00 Shabbat Service